



The Holton Post

September/October 2015

Issue No 84

YOUR VILLAGE NEWSLETTER

The summer is at an end, the harvest is gathered in and the children will soon be returning to school as I write this. Some of you may be wondering what to do now that the days are getting cooler. Well, this issue of the Holton Post has information on Halesworth Heritage Days, what's on at the library, U3A, the WEA and The Cut - both at the cinema and the Halesworth Arts Festival - plenty to keep you busy if you want.

One of our band loyal 'deliverers', David Cannon, is moving from the area soon and we would like to take this opportunity to thank him for all his help over the years and to wish him and Liz, our Vicar, all the best in the future.

David's departure means that we need help with the delivery of the Holton Post around the village. If you have some spare time and would be prepared to deliver once every two months, please contact Jim or Jackie Watts on 01986 835752. Thank you.

SUFFOLK HISTORIC CHURCHES TRUST BIKE RIDE

The Sponsored Bike Ride, also known as "Ride and Stride", which takes place on Saturday 12th September is an opportunity for all the family to be out on the roads and lanes of Suffolk discovering the delights of the countryside, getting good exercise and supporting our ancient churches and chapels with the money you raise. Routes are decided by each cyclist (or walker), incorporating stops at some of over 500 Suffolk places of worship that will be open to receive them. The annual ride, which began in Suffolk but has now spread across England, appeals to families, local history lovers, keen cyclists, church supporters and those who just enjoy an annual ride around the villages and towns of Suffolk. Those who prefer can walk around their chosen route and disability scooters are also welcome.

As important as the cyclists, are the many volunteers who give up the day to man the churches and chapels and sign in the cyclists as they arrive. Hundreds of places of worship are manned during the day and that takes quite a team of volunteers! Suffolk has been split into a number of areas, and is organised parish by parish through the Bike Ride Area Organisers (each looked after by a local Bike Ride Co-ordinator.) If you would like to join a group of cyclists, there will be a ride leaving Holton Church at 9am. Please find a sponsor form at the back of Church and contact Jackie Watts to let us know you are coming, tel. 01986 835752. Don't worry if you haven't many sponsors, we will do our best as a group.

Jackie Watts

HOLTON & BLYFORD VILLAGE HALL

Well, it all looked like it was going to go under, but happily, the Village Hall will carry on!

As the new Chair, I'd like to take this opportunity to thank all the past members of the committee for their hard work and dedication. To those members who have remained, I really appreciate your support in what has so far been a rather steep learning curve!

Here's hoping the new committee and myself can get to grips with everything and make the Village Hall the success it deserves to be.

We're all hoping the Hall can once again become a big part of the village, and be utilised by the residents of Holton and Blyford as well as the surrounding villages.

We'd all be interested to hear of any ideas people may have about what we could do to make the Village Hall even better. What events would you like to see put on, what facilities could we offer that would improve the hall in your eyes?

All ideas and suggestions would be gratefully and willingly received and considered. Please contact Soph Cannell at the Village Hall email address: holtonandblyfordvillagehall@gmail.com

Don't forget, if you'd like to become an active member of the committee, we'd love to see you at our next meeting on 17th September, 7:30pm at the hall.

Here's to what will hopefully be an exciting year in the life of our hall.

Soph Cannell
Chair

THE VILLAGE HALL COMMITTEE

Chair - Sophie Cannell
Treasurer - Philip Mills
Secretary - Helen Fensom
Representative Members:
Art Group - Pat Barclay
Badminton - Helen George
Blyford & Sotherton Parish Council - Vacant
Blyford PCC - Alison Cackett
Holton Parish Council - Dawn Davis
Holton PCC - Jim Watts
Pre-School - Lisa Neale
U3A - Martin Stevens
Elected Member - Matthew Smith
Lettings Officers - Wayne & Emma Saunders

INSIDE THIS ISSUE:

Holton Parish Council - p2, School News - p3, Vicar's farewell - p4, Church News - p5, Blyford Parish Council - p6, Pub survey - p7, Which Gear? - p8, recipe - p9, library news - p10, tote results - p11.

HOLTON PARISH COUNCIL

MINUTES OF THE PARISH COUNCIL MEETING HELD ON MONDAY 13TH JULY 2015

PRESENT: Councillors D Fosdike (Chair), M Hart, R Stephenson, D Davis, G Cackett, M Jones, N Kerridge. Cllr A Cackett (WDC). Sophie Cannell (Chair, Village Hall)

PUBLIC FORUM – No members of the public present.

APOLOGIES – Tony Goldson (SCC), Police

MINUTES OF THE LAST MEETINGS

Minutes of Annual Parish Council Meeting – 27th May 2015

Annual Council Meeting - 27th May 2015

Parish Council Planning Meeting - 17th June 2015

Approved all in favour (AIF)

PLAYAREA – INSPECTION. The Clerk explained that various works had already been completed. 2 new swing seats, tripping hazard to the bench table, fencing at top of field.

Some additional works are required and it was requested that the clerk obtain a full quote on all remaining works and bring to the next meeting.

NHS CONSULTATION -“Shape of the System”

The Clerk advised of recent meetings etc regarding this matter and ensured that all Councillors had a copy of the document. It was agreed that comments must be back to the Clerk by 31st August, to be sent in by 2nd September.

SCHOOL CLOCK REPAIRS

The Clerk advised the school clock had been serviced and that the dial needed repair. A quote had been provided for approximately £859.60 + VAT and that the school had sent a donation of £250 towards the works of repairing the dial. A letter of thanks has been sent to the school and for their co-operation in allowing access. It was agreed that the works would go ahead.

DOG FOULING OF FOOTPATHS

A letter had been received from the School Governors regarding dog fouling outside the school entrance. The Clerk had been over to see Mrs Righton and discussed the matter. Mrs Righton agreed that no action could be taken as it appeared to be a one off and there was already a dog bin outside the school. The Clerk agreed to put a further item in The Holton Post and Mrs Righton was going to arrange for the children to do some posters to put on the fence.

COUNCILLOR'S REPORTS

Transport Representative (Cllr D Davis) – Nothing to report.

Emergency Planning (Cllr Cackett) – Hoping to get a draft document by the November meeting.

REPORTS:

VILLAGE HALL – Sophie Cannell introduced herself as the new Chair of the Village Hall and gave a short report which is attached. It was agreed that a new representative was needed on the Village Hall Committee as the Clerk was already representing several other organisations. Cllr D Davis agreed to this.

POLICE – Apologies received, but report sent.

DATE OF NEXT MEETING Wednesday 9th September 2015.

Future Meetings as follows: 4th November, 6th January
Alison Cackett
Clerk to Holton Parish Council

DOG FOULING - AGAIN!

It has again been noticed that people are allowing their dogs to foul and not picking it up. I seem to mention this in every issue so please, please bag it and bin it. There are a plethora of bins available to put the bags in. There are new bins by Whites garage, The Village Hall and the end of Primes Lane, as well as the existing ones at the start and half way round Holton Pits and outside the Primary School. Bags have been provided by The Parish Council which seem to have disappeared, but a new supply will be provided.

Alison Cackett
Clerk to Holton Parish Council

HOLTON OPEN GARDENS WEEKEND

Holton was once again buzzing with activity on the weekend of 11th and 12th July when over 90 people visited the 14 gardens open to the public. The weather was mixed but we managed to avoid the heavy rain of last year. There was a lovely mix of large and small gardens, courtyards and expanses of immaculate lawns all lovingly tended and generously opened for all to see. In addition to the usual refreshments, plant stall and raffle, Alison Cackett had organised and gathered together a very large collection of items which formed a fascinating exhibition of old Holton. Maps and photographs together with other memorabilia kindly lent by residents were much enjoyed by visitors. Over £600 was raised, including a late donation, which was a very respectable sum. Many thanks to all who helped over the weekend, especially to all the open gardeners for so generously sharing their gardens with us.

Helen Fensom

HOLTON FAMILY HISTORY GROUP

After the great success of the Holton Gardens Open Weekend and the exhibition in the Village Hall of Holton Past and Present, I would like to thank Halesworth Museum for their help and support.

It has been suggested that there may be some interest in a Holton Family History Group. I am considering starting one and would be interested to know if there are like minded people who would also be interested. You don't need to have come from Holton, we can look at buildings, general history, or family history if you so wish. The museum is keen to support us so let me know if you are interested. It will probably start with a meeting every quarter so not too time consuming. Contact me on either email or telephone as below.

Alison Cackett
01986 874442

HOLTON SCHOOL NEWS

The £10 interhouse challenge this term proved to be most competitive and was won by Waveney who raised over £71. Well done to all the houses for their ideas and hard work and £150 was raised for school funds which will be used to purchase items for all pupils.

'It's a Knockout' in early July was a resounding success. There were more competitors than were needed but everyone managed to take part in some way even if it was just participating in throwing sponges at the contestants. A huge thank you to Mr Holt for being the main organiser for this event along with the BBQ and ice creams sold at sports afternoon it raised over £1,000 for school. Many thanks too to all the staff, governors and parents who supported the event in any way and helped make it such a success.



Sports afternoon took part on another glorious day with enthusiastic friends and families following the teams round the various events which had been devised by 3 of our Year 6 pupils. The afternoon was rounded off by a very enjoyable BBQ – thanks again to Mr and Mrs Tennant for manning the BBQ and also thanks to the Friends of Holton for providing the other drinks and ice creams.



Osprey and Eagles classes enjoyed a trip to Southwold, travelling there by public transport which was most exciting. At Southwold they had a lovely time on the beach learning to create sand sculptures before returning back to school, tired and sandy.

The KS2 performance of 'Jack and the Beanstalk' was a great success and Red Kite pupils are to be congratulated on their performance and their excellent props/scenery they made. The show was supported by the outstanding singing of Kestrels.

The whole school end of term trip was to Foxburrow Farm which was a great day out for everyone. Activities enjoyed on that day were shelter building, mud art, pond dipping and learning about different animals that inhabit the wood. Funding for this trip was achieved through the sponsored walk organised by the Friends in June when £1,000 was raised.

On the last day of term the Year 6 pupils chose to go to Pirate Pete's and Lowestoft Beach for the morning before returning for their Leaver's assembly. Due to work that is going to take place in the school during the holidays this final assembly was held at the Village Hall. Our 15 leavers who are going on to 4 different local high schools were all presented with a dictionary/thesaurus to help them in their future learning. We also said goodbye to Miss Willis who is leaving her post as teaching assistant to go train to become a primary school teacher. It was good bye too to Mr Kiddy who has been at the school for the last two years as part of

his college course and is now moving on to be a teaching assistant at Edgar Sewter. We wish them both well in their future careers.

While the Year 6 pupils were on their trip the rest of the school enjoyed a fun morning on the field riding their bikes, creating sand sculptures and playing on the field.

As mentioned above there will be work going on in school during the holidays, this is to replace old pipework in the older part of the building and the ditch/water course, which runs along the Beccles Road, is also being repaired.

Many thanks to Holton Parish Council for helping to restore the clock.

Finally a reminder that Friends of Holton will be holding their AGM at the school on Thursday 10th September 2.30pm. All are welcome so if you want to support your local school please come along – you will be made most welcome and refreshments will be served. Please sign in at Reception

If you want to know more about the school or see photos of recent events please visit the website at:

www.holton-st-peter.suffolk.sch.uk

Alison Hyden

BEWARE WINDOWS 10 SCAM EMAILS

A campaign of scam emails claiming to offer an installation kit to download the new operating system, Windows 10, has been detected. The emails come with an attached Zip file. Downloading it infects your PC with ransomware, which encrypts all your personal data and gives you 96 hours to pay \$600 (around £390). The email contains the subject line 'Windows 10 Free Update' and appears to come from 'update@microsoft.com'. These emails have come from abroad - so WATCH OUT! Never open any attachments unless you know exactly who they are from.

From Computer Active Issue 456

Holton Trading Post and J.A.K. Furniture Services

- ❖ We have a 1000ft² showroom of furniture,
- ❖ We buy and sell second-hand and country furniture,
 - ❖ Undertake house and shed clearances,
 - ❖ Strip furniture and doors,
 - ❖ Repair and polish furniture,
 - ❖ Paint furniture and doors,
- ❖ We can also make furniture from reclaim and much more!

Come and have a look!

Units 9&10, The Old Airfield Site,

Holton, Halesworth IP19 8NH

Telephone Justin on:

01986 874277

or 07767 861401

Opening Times

Monday-Friday: 9am - 5.30pm

Saturday: 9am - 2pm



HOLTON'S NEW SKYLINE

If you have driven around Suffolk lately, you cannot have failed to see Upper Holton's new landmark, which has increased our claim to be the greenest village - ie the wind farm. The five new turbines are now up and being trialled before being fully commissioned into the National Grid - a process which could take a little while.



We would be interested to hear what you think about them - do you like them or loathe them? Please let us know your thoughts.

HERITAGE OPEN DAYS

Over the weekend of 12th and 13th September some of the lesser known buildings in Halesworth are being opened to the public for the first time as part of the Heritage Open Days which have been taking place throughout the country for 21 years. Halesworth Church is the hub for these Open Days and information, programmes and directions will be available there, one of the tours being of the Church itself. Fifteen buildings will be open around the town and include the former Halesworth Social Club, Magnolia House, The Old Rectory, Halesworth Police Station and Tilly's building. Tours are free but booking is necessary for some of them. More information can be found in booklets available at the library or visit:

www.heritageopendays.org.uk/directory/town/Halesworth

FAREWELL FROM LIZ

Dear Friends,

As many of you may know, I am retiring at the end of October after nine very happy years here.



I am writing this on a warm day in late Summer when the sun is shining, and I am feeling very thankful for the beauty of this place which has been our home for so long. This part of Suffolk is very special and David and I have loved being here, but I guess as lovely as the surroundings are, it is not this we shall miss most as I prepare to retire and we move away to Norwich where we have family.

Whilst living and working here we have got to know so many people – some Suffolk born and bred, others, like ourselves, incomers (or 'offcumdens' as they say in West Yorkshire where we were previously), but people whose kindness, humour, faith and hospitality have left their mark on us and who we will continue to carry with us in our thoughts and prayers.

Serving here as a Team Vicar in the Blyth Valley has been a real privilege – I have had excellent colleagues and I have some wonderful memories of life here. Holton has been a very good place to live, a place where the community spirit is alive and well, and a big thank you to all those who are involved in producing and delivering the Holton Post!

It has been a real joy to co-ordinate the Open the Book Team going in to Holton School. The Team have gone in about once a month to present a dramatised bible story. The older children often take part too and we have seen some amazing acting from them - 'opening up the book, the Bible' - and it has seemed to be much appreciated. The Team will continue this work with my colleague, Revd Jan Bunday, as the co-ordinator.

During my time here I have discovered that many in Holton enjoy a good sing and the Beer and Carols at Christmas went down very well, with The Lord Nelson packed with people singing lustily at Christmas and for Harvest too. Sadly our pub is no more, but Harvest this year at the church offers that opportunity to exercise your lungs and give thanks for all that we can so often take for granted. And of course the church looks and smells so great at harvest with the flowers and produce on display.

In closing I would like to share as my prayer for you all a Celtic Blessing we have sung at the regular Iona service we now hold at St Peter's Church.

*May the peace of the Lord Christ go with you,
wherever He may send you.*

*May He guide you through the wilderness,
protect you through the storm.*

*May He bring you home rejoicing
at the wonders He has shown you.*

*May He bring you home rejoicing
once again into our doors.*

Liz Cannon
Holton Vicarage



HOLTON ANIMAL FEEDS

Feed for chickens, goats, sheep, horses, birds, dogs, cats, fish and small animals.

Dog food including:
BURNS, JAMES WELLBELOVED, ARDEN GRANGE, BETA, ROYAL CANIN, SKINNERS, WAGG, SUPADOG & CHUDLEY'S

Dog food from £8.99

Dog cat and small animal accessories - everything you need for your pets under one roof

Layer pellets/mash £8.50, Mixed Corn £5.00 - 20 kg
Bags of Hay & Straw, also bales.

Animal bedding and large range of wild bird feeds.
Hydrosoft Salt Tablets £6.29 for 25kg.
Salt blocks £4.50 per pack.

OPENING TIMES
Mon-Sat 9am - 5pm

Mandafield, Sparrowhawk Road, Upper Holton, Halesworth IP19 8NH
Telephone: 01986 873045



CHURCH SERVICES

SEPTEMBER

6th Sept	9.30am Team Eucharist at St Mary's Church, Halesworth 6.30pm Evening Prayer
13th Sept	11.15am Eucharist 4.00pm CONFIRMATION SERVICE, St Andrew's Church, Wissett
20th Sept	11.15am Iona Morning Worship
27th Sept	11.15am Eucharist

OCTOBER

4th Oct	9.30am Team Eucharist at St Mary's Church, Halesworth 6.30pm Evening Prayer
11th Oct	11.15am HARVEST FESTIVAL
18th Oct	11.15am Iona Morning Worship
25th Oct	10.30am Team Eucharist at St Mary's Church, Halesworth to say farewell to Rev'd Liz Cannon as she retires.

Please be aware that services may change, so please check in 'Team Times' or on the Church Porch notice boards.

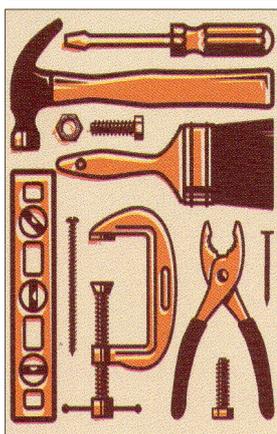
Work parties take place in Holton Churchyard on the 3rd Saturday of the month from 10am - 1pm. If you can help contact Jim Watts:- 01986 835752

ST PETER'S CHURCH NEEDS YOU!

On two occasions recently items in the church have been moved and left in inappropriate places. No real damage has been done, but we are concerned that there are people who feel that it is OK to do this in a place of worship. It is believed that this was done by people old enough to know better, not children.

So if you see anything odd going on around or in the church please investigate and phone the police if you feel that is necessary or John Hewlett (01986 875 913) or Chris Knevet (01986 872 467).

Many thanks.



01986 872303
07938125438
Terry Rose
Property maintenance
painting /paper hanging
Small building works
terryrose505@msn.com
Duke House
Upper Holton
IP19 8 NN

CHURCH NEWS AND EVENTS

REVEREND LIZ CANNON

Rev'd Liz Cannon has been a Team Vicar in the Blyth Valley for nine years, she has been wonderful priest with special responsibility for St Peter's Church, Holton and for St Mary's Church, Halesworth, and has, of course lived in Holton Vicarage. To say that we will miss her is an understatement, she has conducted numerous services here, including weddings, funerals and baptisms, and I am sure there are many children who will have memories of Teddy Horsley. She has brought a sense of calm, sure faith to the services she conducted, but was not afraid to challenge us if she felt the need. Her last service is at St Mary's Church, Halesworth on the 25th October at 10.30am.

Now is the time for her to retire, to spend more time with David, who has been such a support for her, and to be free to enjoy their grandchildren and to see more of their family. We wish them both a long and happy retirement and our prayers go with them.

POP-IN PARLOUR

Our soup lunches are starting again on Friday 4th September from 12 noon to 1.30pm in St Peter's Room, these are open to anyone and you would be very welcome. We generally have home made soup made by our team of soup makers, plus bread, butter, cheese and chutney, tea or coffee all costing just £3.00. This charge enables us to give half to the Church to cover running costs and half to a charity. Do come along if you haven't been before.

CHURCHES MARKET

The Churches Market will be held on Saturday 3rd October in St Mary's Church Hall from 10am until 12 noon. There are usually a variety of different stalls from the various churches in the Team, on this occasion Jill and John Hewlett will be organising the stall for St Peter's Church so please get in touch with them on 01986 875 913 if you can provide goods to sell. Or come along for a cup of coffee and some cake and take a look at the produce, you never know you may find just the thing you want.

HARVEST FESTIVAL

We will be celebrating the provision of our food on 11th October at 11.15am do come along and join us. Any further details will be advertised nearer the date so keep an eye out for posters.

TEA PARTY REPORT

Despite worries about the weather we were able to have tea in the garden on the 15th August to raise money for the Friends of St Mary's Church, Halesworth and ultimately for the re-ordering of the church building. Thanks to the generosity of all who came for tea and those who helped provide delicious cakes we raised over £460.00, which is a fabulous sum, more than we had hoped. So thank you everyone!

BLYFORD AND SOTHERTON

PARISH COUNCIL

MINUTES OF A MEETING OF THE COUNCIL HELD ON MONDAY 20TH JULY 2015

PRESENT: Councillors G Walker(Chair), R Parry,
B Martin, S Macdonald, and Cllr A Cackett (WDC)
APOLOGIES – Cllr M Jackson, Cllr T Goldson,
Police

MINUTES OF THE MEETING HELD ON:

11th May 2015 Annual Parish Council Meeting
11th May 2015 Annual Council Meeting. Approved
all in favour.

CO-OPTION OF NEW COUNCILLOR

Mrs Sally Macdonald, The Stedding, Southwold
Road, Blyford IP19 9JU (01986 875257) agreed to
stand again as a Councillor. She was co-opted onto
the Parish Council.

INTERNAL AUDIT REPORT

The Clerk advised the Council that there were a few
issues with the audit which stemmed from when the
Clerk took over. These were being rectified and the
papers should be sent in the next week or so. It was
agreed that the Council would register with the Data
Protection

NHS CONSULTATION -“Shape of the System”

The Clerk advised of recent meetings etc regarding
this matter and ensured that all Councillors had a
copy of the document. All comments need to be in by
2nd September. It was agreed that comments must be
back to the Clerk by 31st August, to be sent in by 2nd
September.

ADOPT A KIOSK

Information has been received from BT regarding the
“Adopt a Kiosk” scheme. The telephone in Blyford
is in an appalling state and it was agreed that the
clerk would investigate the possibility of adopting it.

REPORTS

Cllr A Cackett – As usual very busy with Council
meetings.

DATE OF NEXT MEETING 7th September 2015

Future meetings on 2nd November, 4th January 2016

Alison Cackett

Clerk to Blyford and Sotherton Parish Council

BLYFORD CHURCH

The Church Services for September are:

13th September 9.30am

Morning Worship

27th September 9.30am

Eucharist



All welcome with refreshments after.

Blyford All Saints PCC would like to thank the
Blyford Queen for their lovely event on August 15th.
The church was able to raise £347.00 from their stalls
which will greatly assist towards the upkeep of the
church. It was a wonderful event and very successful.
Thanks again.

Alison Cackett

DISTRICT EYE VIEW

Things are getting busy now at the Council due to
mid year account statements, etc. Lots of meetings,
some going on far too long. Full Council is on 23rd
September at 6.30p.m. All Council meetings unless
otherwise stated are open to the public. Come along
and see us in action.

I attend as many Parish Council meetings in my
ward as possible, covering Holton, Blyford &
Sotherton, Spexhall, Wangford & Henham and
Westhall. Parish Council meetings are also open to
the public, there is a public forum at the beginning of
each meeting at which you can speak.

The next Councillor Surgery is on the second
Saturday of each month upstairs at Halesworth
Library, if you have any thing you want to discuss pop
along and see me. I am there from 10 – 11am.

Alison Cackett
WDC Councillor
Blything Ward

GARY ROBINSON MOTOR ENGINEERS

Unit 1, High Trees Farm, HOLTON, HALESWORTH

Telephone: Halesworth 875452

(mobile 0789 5337096)

Est. 1985

- Servicing • Repairs
- Timing Belts Fitted
- All makes - Petrol or Diesel
 - Pre MOT checks
- Preparation for and submission to
MOT Tests
 - Welding Repairs
 - Clutches Fitted
 - Classic Cars
- Free collection & delivery in the
Halesworth area

SOUTHWOLD CARPETS,

CURTAINS & BLINDS LTD

Supplied by Colin Wells with 20+ years experience

- CARPETS
- SAFETY FLOORING
- VINYL
- RAILS & POLES
- TILES
- CURTAINS
- BLINDS
- WICKER BASKETS
- LINEN
- HABERDASHERY ITEMS

Tel: 01502 724948

Unit 1, Southwold Business Centre

St Edmunds Road, Southwold IP18 6JU

www.southwoldcarpets.co.uk

E-mail - southwoldcarpets@btconnect.com

Monday - Friday (Closed Wednesday): 9.00am - 5.00pm

Saturday 10.00am - 4.00pm

HOLTON PUBLIC HOUSE SURVEY

I am sure it will not have escaped your notice that The Lord Nelson has recently closed its doors as a pub, though it is still being run as a B&B at the moment though we believe it is up for sale.

We thought this might be an opportunity to gauge the feeling about having a pub in the village by asking you to complete a short survey.

Please answer all questions unless the answer to question 1 is NO.

1. Do you want the Lord Nelson to stay as the village pub? Yes No

2. Please indicate how many people you think in your household would use the pub under new ownership in the following circumstances:
 - a. at least once per week
 - b. at least once per month
 - c. 2 - 6 times per year

3. If meals were provided by new owners, how often would you eat there?
 - a. 1-2 times per year
 - b. 3-6 times per year
 - c. more than 6 times a year
 - d. never

4. Would you use the pub if free transport was provided door to door? Yes No

5. Any additional comments:

Thank you for completing the survey. Please return completed forms to the letterbox at 6 The Street Holton, or arrange for it to be collected by Cllr Geoff Cackett, Tel 01986 874442.



www.eastsuffolk.foodbank.org.uk

To contact the foodbank ring 07928 719934

If you are in a crisis and need food, talk to a professional or care organisation and ask to be referred to the Foodbank.

HALESWORTH OPENING TIMES:
Wednesdays at St. Mary's, between 10.45 am and 11.45.

Donations can also be left at the back of Holton Church

If you wish to donate food you can drop it off at St. Mary's, Rosedale Funeral Home, Woolnough's Funeral Home and Café Frappa.

Emergency food for local people in crisis



Registered charity number: 1111002 | Registered in England and Wales



MARKET FIELDS

FARM SHOP

AT

HOLTON ROAD GARDEN CENTRE

- FROZEN VEGETABLES, FRUITS AND READY MEALS FROM FIELDFARE
- FRESHLY FROZEN FISH FROM LOWESTOFT
- LOCAL HOMEMADE CAKES

Special offers on Beers and Wines!

- FRESH FRUIT & VEGETABLES
- FRESH & FROZEN MEAT FROM CLARKE BUTCHERS, BRAMFIELD

SELECTION OF GIFTS AVAILABLE

OPEN 7 DAYS A WEEK
EASY PARKING & LOADING

Tel: 01986 872134




WHICH GEAR?

FROM OUR MOTORING CORRESPONDENT

I hope you enjoyed, and perhaps found useful, my article in the July/August issue of the Holton Post. I should open by refuting the vile suggestion that I am a well known celebrity who has fallen from grace and ended up writing for this delightful rag. The editor would welcome any feedback or questions which I will attempt to answer: if I don't know the answer I am sure my friend, the Stick, will be obliged to help out if he can only get his crash helmet off. Now for those of you interested in my thoughts on the Subaru WRX STI or the all electric car, the Nissan Leaf, if Messrs Hammond's have processed my credentials in time for this issue the articles will appear at the end of my article, always provided the editor can find enough paper. (Well it is a free publication !)

Travelling in Europe

As some of you may be travelling abroad by car could I remind you that you should ensure you have all of the compulsory driving bits and pieces for the countries you are driving through . France is virtually nil alcohol when driving and you must carry two approved breath test kits. Both the AA and RAC have information on their websites. The Government's website is:- www.gov.uk/government/publications/driving-in-europe-leaflet

All drivers: Seventy years old next birthday?

You will need to renew your driving licence regardless of when you obtained it. Drive your car without doing so and your car will be confiscated. Full details on renewal can be found at:

www.gov.uk/renew-driving-licence-at-70
The DVLA will automatically send you the renewal form 90 days before your seventieth birthday. This months main article comes courtesy of my good friend Simon Ford who enjoys improving modern classic cars. Here he relates his experience with a Ford Sierra Cosworth.

"My interest in Classic cars started in 1985 when I was 35. The mighty Cosworth was winning the British Touring Car Championship with Andy Rouse driving in Texaco Oil livery of red and black. In those days every car mad teenager had the iconic picture of this car cornering at speed in their bedroom; older guys were banished to the shed to display their poster. The standard car did 0-60 in 6.2 seconds and could easily reach 143 mph. It was known as whale tail Sierra by enthusiasts; others referred it as the one with the ironing board on the boot lid. Rear spoilers were not seen on road cars then. Fast forward to 1990 and there was I looking to purchase such a vehicle. All went well until I obtained the insurance quote. It was two thirds of the cost of the car. Having a young family common sense prevailed and I settled for a modest 1.6 Sierra which did all that was asked of it, even towing our caravan on family holidays.

However the dream did not die and in 2010. I found myself in a position to purchase a running Cosworth.

All essential research completed , I drove 300 miles to view a three owner, low mileage, full service history, immaculate condition, Sierra Cosworth. Sadly after all the expectation the only thing that matched the description provided was that it had indeed had three previous owners. I made my excuses and left for home. After several further disappointments I finally found a reasonable example which came with an excellent Ford Service History. I duly purchased and drove 320 miles home without incident. Incidentally they charged me £180 insurance for 3000 miles per annum. Being a perfectionist , I arranged for a specialist Rallye Sport engineer to give it a thorough inspection. He immediately noticed an old water leak at the back of the engine block , but everything else appeared to be in reasonable condition. As a consequence of his findings the engine head was removed, refurbished, retuned, whilst one or two smaller jobs tidied up the car. The work took four months to complete. Such joy when the thing actually started after this invasive surgery! But a word of warning to those of you thinking of doing something similar : 1) you must be or know a competent mechanic, 2) if paying a specialist mechanic it won't come cheap and 3) can you still obtain parts for your vehicle?

The first road test demonstrated what can only be described as brutal acceleration, with the car reaching the national speed limit in no time. The level of comfort and road manners were good for a 24 year old car. However over that 24 year timespan manufacturers have made great leaps in performance and safety so that ordinary family saloons turn in performance figures that would put an MGB to shame. But the Cosworth still stirs the emotions and is a worthy modern classic which would be more suited to Track Days, where you could use its full potential. Would you want to risk £20k on a classic: would you want to risk blowing the engine on a whim? I think not.

For my part I preferred admiring it rather than driving it. I kept it for three years before getting cold feet and selling it to a classic car dealer. Also I have lost my tame mechanic! But this hasn't stopped me dreaming".

Your correspondent's note.

Simon is always cagey about the financial details. I suspect he paid £11000 for the car , spent £4000 on repairs, and sold it for at least £15000. It is currently worth £30000.



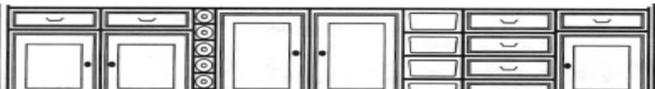
C.W. Ellis

(Halesworth) Ltd

Purpose Made Joinery

Windows, all styles produced ✦ Doors
Stairs ✦ Conservatories ✦ Kitchens

Tel: 01986 875395



HALESWORTH U3A

Halesworth and District U3A started in 2003 and now has over 200 members and 40 interest groups. It is a voluntary, self-managed and self-funded organisation depending on members to participate fully in the generating and managing of the interest groups. The committee members are also volunteers and appreciate support and suggestions to aid the effective running of the organisation. The membership fee is £15 per year.

Halesworth and District U3A offers:

- A programme of daytime educational, creative and leisure activities in a friendly and informal atmosphere.
- A wide range of interest groups requested and run by members.
- Monthly meetings with visiting speakers held on the third Tuesday afternoon of each month.
- A coffee morning for new and current members to meet with committee members held on the last Friday morning of each month.
- Social events.
- The opportunity to be part of the wider U3A community.

If you are interested and want to find out more, go along to the New Members Coffee Morning at The Cut, Halesworth at 11am on 25th September. Further details are also available at: <http://u3asites.org.uk/halesworth>

PLANT HERITAGE AT HELMINGHAM

Helmingham Hall IP14 6EF

AUTUMN PLANT FAIR

SUNDAY 13TH SEPTEMBER 2014S

10:00 AM-4:00 PM

Adults: £7 (includes entry to gardens)

Children: Free!

Free Parking. Home made lunches and teas.

www.suffolkplanteritage.com

www.helmingham.com

NCCPG Reg charity 1004009

Tel: 01473 890799



1st Cut Tree Services

All aspects of treework

- ◆ Tree Surgery
- ◆ Dismantling & Felling
- ◆ Precision Felling
- ◆ Crown Reduction & Thinning
- ◆ Stump Grinding
- ◆ Fully Insured
- ◆ Free Quotations
- ◆ Land Clearance

Tel: 01986 798977
www.1stcut.net



AUTUMN RECIPE

BAKED BLACKBERRY CHEESECAKE

SERVES: 8
PREP TIME: 20 mins COOKING TIME: 40 mins

INGREDIENTS:

- 175g (6oz) digestive biscuits
- 75g (3oz) butter, melted
- 175g (6oz) freshly picked blackberries or fruit of choice, plus extra for decorating
- 450g (1lb) cream cheese
- 150g (5oz) caster sugar
- 1 tsp vanilla extract
- 4 medium eggs, lightly beaten
- Icing sugar, to dust

METHOD:

Preheat the oven to 180°C (350°F), Gas mark 4. Butter the sides and base of a cake tin.

Place the biscuits in a food processor and whizz until quite fine or put into a clean cloth or plastic bag and bash with a rolling pin. Mix the crushed biscuits with the melted butter and press down into the base of the tin so that it is nice and even. Spread the blackberries over the base and allow to chill in the fridge while you make the topping.

Beat the cream cheese, sugar, vanilla extract and the eggs together in a large bowl until smooth and creamy. Pour over the top of the blackberries and then bake in the oven for 40 minutes or until it is pale golden and should only wobble very slightly when you gently shake the tin.

Allow to cool in the tin for about 10 minutes, then run a knife around the edge to loosen it and carefully remove the cheesecake from the tin. Transfer to a serving plate. Sprinkle over as many blackberries as you wish, then dust with icing sugar. Cut into slices to serve. This cheesecake is best eaten when it is at room temperature.

SUPER TIP: You can experiment with all kinds of (dry) sweet biscuits or cookies for the base: just crush them the way you could the digestives above.

The Hot Meal Service

Serving the elderly
and disabled
in Halesworth, Holton, Blyford, Wenhaston,
Southwold & Reydon

Mother and daughter team Sandy and Lisa cook delicious traditional meals daily and deliver them hot and ready to eat to your door at lunchtime Monday to Friday.
2 course meal only £6.30.



Telephone Sandy Camp
on 01986 835895
www.thehotmealservice.co.uk
Environmental Health Hygiene Star Rating
★★★★★

WHAT'S ON AT HALESWORTH LIBRARY

We were thrilled to host a visit by Children's Laureate Chris Riddell on Saturday 15th August. Over 150 attended. The best-selling children's writer and illustrator gave a talk about his career, signed copies of his books and left a doodle of a book wizard on the library wall as a lasting memento. It's brilliant! Come and have a look!

The Summer Reading Challenge will finish on the 5th September. All those who have completed the challenge are invited to the presentation of certificates and medals on the 16th September at 4pm. Well done to all our finishers.

Lego Club – Lots of building fun every other Sunday 10-11a.m starting 13th September. £2 a session with a change to win a mini lego prize at each meet.

Have you always wanted to try your hand at creative writing? Following the success of our popular children's writing group, local author Annaliese Matheron is running a group of adults. The Halesworth Wordsmiths meet in the library every Friday night from 6 pm till 7:30 pm. To reserve a place please contact Annaliese - 07885 607374 or halesworthwordsmiths@gmail.com and for more information visit:

www.halesworthwordsmiths.moonfruit.com.

The Young Writer's group run by Annaliese really helps your child unleash their creative side in a fun way. The group meets alternate weeks, ages approximately 8-13 years. Cost is £15 per 5 sessions. If you would like to join please book with a member of staff. Please book your place with a member of staff.

Every Sunday we have craft activities and stories for children between 12.00 and 2.30pm. Please drop in and join in the fun – all ages welcome, and it's free!

On a Tuesday we have a Baby Bounce and Tot Rock session for babies/toddlers and their parents/carers 10am-11am. Come and join us.

Knit & Natter, Stitch & Chatter. Every 1st & 3rd Tuesday afternoon of every month between, 2-4 pm. Refreshments available.

Every Wednesday, from 10.30-12.00, we have Time Out; a friendly, relaxed group and a great place to meet new people. 9th September – “Fabric Flowers”. Jackie Wagner will be running a workshop to brighten up your day. 16th September – “Bahrain Residency” – Viv will be talking about her time living in this fascinating place. 23rd September – Writing for Fun. Irene and Diane will be inspiring you to get those words down on paper! 30th September - A representative from ‘Three Rivers Talking Newspapers’ will be here to talk about their work. Many thanks to all for contributing to our sessions and making this such a wonderful group.

Have a bit of fun and support the library, Collect a copy of our library quiz, just 50p! Answers for last month's quiz on display in the library now.

Are you creative? Perhaps you are an artist who wants to showcase your work? Why not promote your work in our window gallery area. The space overlooks the street and is a well-lit, locked and secure place, so if you have

work you wish to sell please contact a member of staff. There is a small fee/commission for this.

Does your business/workshop/event need publicity? Our display case in the window faces the Thoroughfare. For just £5 per calendar month for a double-sided A4 poster.

Is there a writer struggling to get out?! Don't know where to start? Written before but feeling rusty? Local writer / publisher Tom Corbett is running two creative writing groups in the library every Monday 10.30am-12.00pm and on Tuesday evenings from 6.30pm-9pm at Bridge House. This eight-week rolling programme includes both poetry and prose; for more information contact Tom on 07831264021.

Our language classes, with Cary Nunez, have been very popular. There will be further Italian and Spanish classes starting in September: Spanish improvers on Saturdays 10 – 12.15pm, and Italian Level 4 on Fridays 1-3.15pm. Please book at the library.

Our Laptop and iPad sessions on Wednesday afternoons will resume on September 9th. iPad from 2pm -3pm, laptop 3.15pm-4.15pm. £5 per session. There is also a possibility of one to one sessions at £15 per hour. Please let staff know if you're interested.

In need of exercise? Are you living with pain or joint stiffness? If so, our fitness classes may help. On Thursdays the NHS Exercise Referral Scheme runs classes for all abilities in the library:- 9.30am-10.30am & 11-am -12pm I-Move Freely – a gentle mobility and stretches exercise class ideal for those living with chronic or niggling pain. Full instruction given by qualified Physical Activity instructor Steve Lacey. Just £3 a session. Please book at the library.

A representative from Age UK will be present in the library on the 1st and last Wednesday of the month between 10.30-12pm. If you need some help or information and don't know where to look then please pop in. If you just need to chat that's okay too.

On the 2nd Saturday of the month between 10 – 11am your local councillor holds a surgery and on the 4th your town councillor is here between 10-11am.

Registering births and deaths in Halesworth Library on Tuesdays. This service is strictly by appointment only. Appointments can be made by calling the Lowestoft Registration office on 01502 528160. Please be aware that this service will only operate if there is sufficient demand (minimum 2 appointments).

The library offers A4 and A3 colour printing, now only 30p for a colour print, laminating, scanning, fax and photocopying facilities. We have internet access, the use of Microsoft Office 2013 with print facility, Skype and free Wi-Fi. We also hold local tourist information, rail and bus timetables, plus much more.

We look forward to seeing you soon or call us on:

01986 875095 or e-mail:

halesworth.library@suffolklibraries.co.uk You can also visit our website at **www.suffolklibraries.co.uk**.

You will find additional features such as Freegal – free music downloads; Overdrive providing e-books and BorrowBox providing audio books for downloading! You can also follow us on Facebook and Twitter.

HOLTON AND BLYFORD VILLAGE HALL TOTE WINNERS

Result of the draw on 14th July was as follows:		
1st No. 25	Maria & Keith Wright	£25
2nd No. 161	Linda Stevens	£10
3rd No. 114	Fred Fisher	£5
4th No. 99	Bryan Collett	£5
Result of the draw on 11th August was as follows:		
1st No. 154	Gill Johnson	£25
2nd No. 157	Phillip Mills	£10
3rd No. 17	D Garnham	£5
4th No. 130	Maggie Stephenson	£5

New members are always welcome. Please contact Helen Fensom on 01986 873575 for further details.

HALESWORTH STATIONERS

*FOR ALL YOUR PERSONAL
AND BUSINESS
STATIONERY*

INKJET CARTRIDGES (ORIGINAL & COMPATIBLES), COMPUTER ACCESSORIES - ART MATERIALS - GREETING CARDS AND QUALITY GIFTS - SCHOOL REQUISITES - RUBBER STAMPS, LABELS, BUSINESS CARDS, LETTERHEADS - OFFICE SUPPLIES, MACHINES & FURNITURE - ADDRESS BOOKS, ORGANISERS, DIARIES - ACCOUNTS BOOKS, DUPLICATE BOOKS, CALCULATORS - PHOTOCOPIING AND FAX SERVICES

**OPEN 9-5 MON-SAT (Closed 1 pm Thur)
57 THOROUGHFARE HALESWORTH
TEL/FAX 01986 873742**



Queen's Head,
Blyford

www.queensheadblyford.co.uk

WEDNESDAY EVENINGS - Curry night.
Main meal and drink £10

FRIDAY NIGHTS -
Take away Fish & Chips - £7.95

Reassuringly Pubby
Shaun and Lauren Doig
01502 478404

Southwold Road, Blyford,
Nr Halesworth, Suffolk IP19 9JY

CINEMA @ THE CUT

PROGRAMME	
SEPTEMBER	
Wed 2nd	Whiplash (15)
Wed 9th	The Falling (15)
Wed 16th	The Second Best Exotic Marigold Hotel (PG)
Wed 23th	Jauja (15)
Wed 30th	Cry of the City (12A)
OCTOBER	
Wed 7th	Force Majeure (15)
Wed 28th	The New Girlfriend (15)



BOOK ONLINE NOW at:
www.halesworthartsfestival.org.uk
or phone 01986 874264
15% Discount for booking 3 or more events!

10-25 OCTOBER 2015

SOUTHWOLD DECORATIVE AND FINE ARTS SOCIETY

The new season is starting in September with the following lectures:

Tuesday 15th September: Berthe Morisot: Impressionist par excellence. Lecturer: Bernard Allan.

Tuesday 13th October: Music in the Great Art Collections of Europe. Lecturer: Peter Medhurst.

All lectures are held at 2pm in St Edmund's Hall, Southwold and visitors are welcome. Membership of the society is also available, please contact me on 01986 874000 or email admin@southwoldfas.co.uk.

Anne Holland
Membership Secretary

WEA HALESWORTH



Come and explore
**INDUSTRIAL
ARCHAEOLOGY**

*Learn how local traditional
crafts became mechanised
industries particularly in
East Anglia.*

**7 Tuesdays, starting on
Tuesday 15th September
from 7.30 - 9.30pm
in the Methodist Church,
London Road, Halesworth**

**Fee £45 (payable in week 2 - help
available for those on benefits)**

**More details from Valerie
Tel: 01986 872219**

USEFUL INFORMATION AND CONTACTS




HOLTON POST

Committee/Editorial Group

Maritza Simpson (*Chairman & Treasurer*)
Tel. 872990

Anne Holland (*Secretary & Production*)
Tel. 874000

Jackie/Jim Watts (*Distribution*) Tel. 835752

Jill Hewlett Tel. 875913

Alison Hyden Tel. 872559

Clare Neville Tel. 873723

Alison/Geoff Cackett Tel. 874442
(*Parish Council Representative*)

Hand deliver or post any articles or photos to:
Maritza Simpson, Halfpenny,
Bungay Road, Holton, Halesworth IP19 8PL
Email: holtonpost@gmail.com
Website: www.holtonpost.co.uk

**DEADLINE DATE FOR THE NEXT ISSUE IS:
Friday 16th October 2015**



REGULAR ACTIVITIES AT THE VILLAGE HALL

Art Group	4th Tuesday, 2 - 5pm, except July, August and December
Badminton Club	Tuesdays 7.30 - 9.30pm
U3A	Once a month on Tuesday afternoons, 2 - 4pm
Term time only	
Pre-School	Monday 9.00 - 3.00pm Tuesday 9.00 - 12.00pm Wednesday 9.00 - 3.00pm Friday 9.00 - 3.00pm
<p><i>The Village Hall is also available for private functions and is licensed for the sale of alcohol. Please contact the Letting Officers, Wayne or Emma Saunders: Tel: 01986 835922 or email: holtonandblyfordvillagehall@hotmail.com</i></p>	

HOLTON B&Bs	
Gavelcroft	01986 873117 gavelcroft@gmail.com
The Lord Nelson Inn	01986 835734 info@thelordnelsonholton.co.uk
Valley Farm	01986 874521 mail@valleyfarmholton.co.uk

LOCAL SERVICES	
Holton Animal Feeds	01986 873045
Foot Care Practitioner - Jane Parker, TCFPC dip.	07732 048837
Market Fields Farm Shop	01986 872134
Holton Road Garden Centre	01986 872761
Holton Road Cafe	01986 873772
Newspapers – Patrick’s	01986 875229
Private Hire – DRF Transport	01986 872829
The Hot Meal Service	01986 835895
Taxi – Ginge	01986 874028
Cundy’s Dairy	01986 892428

OTHER USEFUL LOCAL NUMBERS	
Age UK link - Contact: Maritza Simpson	01986 872990
Doctor’s Surgery	01986 874618
NHS (non-emergency)	111
Police (non-emergency)	101
Waveney District Council	01502 562111
– Halesworth Local Office	01986 873162

Suffolk Libraries

MOBILE LIBRARY TIMETABLE

Greenbank	1355-1415
Lower Park Walk	1420-1435
Valley Close	1440-1500

Calling every 4 weeks on Fridays 18 Sept and 16 Oct

MINOR INJURIES UNITS

When you have a minor injury but don't need to go to A&E, use the Minor Injuries Units instead.

Minor injuries include minor cuts, burns, sprains, grazes, foreign objects in eyes, nose or ears, bites, stings and minor head injuries. Minor illnesses are not treated at Minor Injuries Units.

Minor injury services are run by experienced emergency nurses at:

Cutlers Hill Surgery, Bungay Road, Halesworth
Open from : 8:30 am to 6:00 pm, Monday to Friday
(not Bank Holidays)
Tel: 01986 874618

Beccles Hospital, St Mary’s Road, Beccles
Open from : 8:00 am to 8:00 pm every day
Tel: 01502 719820