



The Holton Post

March/April 2015

Issue No 81

YOUR VILLAGE NEWSLETTER

HOLTON & BLYFORD VILLAGE HALL

At a more upbeat meeting of the Village Hall Committee on the 15th January two new Committee members were welcomed to the Team. Pat Barclay attended representing a new art club she will be running at the hall, together with Philip Mills.

The Committee emphasised that it was imperative that villagers attend the AGM later in the year (it will be advertised nearer the time) to help elect a new committee as the treasurer and chair have indicated that they will not be available to serve this year. The reader will recall that all Committee positions must be filled for the hall to function.

Hall bookings continue but there are several slots available to potential hirers. Have a look at our Holton and Blyford Facebook Page which shows it decorated for a wonderful wedding.

EVENTS

HOLTON & BLYFORD VILLAGE HALL
AN EVENING WITH CHARLIE HAYLOCK
~ A HISTORY OF SPOKEN ENGLISH ~
FRIDAY 24TH APRIL 2015
IN THE VILLAGE HALL AT 7.30 pm
(Doors open at 7.00 pm)
Raffle * Licensed Wine Bar
Tickets £8 From Halesworth Bookshop – 01986 873840

A table top sale will be arranged shortly. If you have any fund raising ideas please let me as soon as possible because we celebrate the 30th anniversary of the opening of the hall this year.

Holton Gardens Weekend is happening again on 11th and 12th July. If anyone would like to open their gardens this year for the first time please let me know on 873575. Once again, we are hoping to have a plant stall so if anyone has any spare plants/seedlings, etc please pass them on. All donations gratefully received. Please watch out for posters and banners nearer the time. We'll also be keeping fingers crossed for better weather this year!

In June we will be celebrating 30 years of the village hall on its current site. We would like to mark the occasion in some way and are, therefore, asking for any suggestions, be it an event for all the village to be involved in or the planting of a tree or something similar. Please get your thinking caps on and let's see if we can all join together to mark the occasion.

Finally, the Committee is considering providing a football net for the village hall green area. If this is

provided would parents please note that the facility Will Only be Available if the hall hirer does not require the grassed area which is automatically hired when the hall is hired. The goal would be removed in those cases and persons not invited to the event asked to leave the confines of the hall.

Looking forward to seeing you at the AGM.

G.Cackett

Chair of Holton and Blyford Village Hall Committee

RUBBISH! RUBBISH! RUBBISH!

Once again the Holton Post Committee is organising a litter pick round the village on the morning of 11th April. If you can help to clear up the discarded bottles, cans, cigarette packets, sweet wrappers, crisp packets and all manor of assorted rubbish from around the village we would be very pleased to see you. If you come to the Church for 9.30am or soon after, we can give you bags and hoops to hold the bags open, gloves (if Waveney supply any) high viz jackets if required and direct you to the required location. It could be The Pits, Lovers Lane, Sparrowhawk Road or just round the Paddock. We would love to have some younger people involved, but anyone under 12 years of age would need to be accompanied by an adult. If you can't come on the 11th but would like to do something to help, please pick up any litter you see and put it in a bin. If we all did this the village would stay cleaner. It would, of course, be lovely if people didn't drop litter in the first place! We can live in hope! See you on Saturday 11th April.

**HOLTON VILLAGE SPRING CLEAN/
LITTER PICK**
SATURDAY 11th APRIL
9.30am - 12.30pm
Meet outside the Church.
Bags, gloves etc provided
**PLEASE COME AND HELP TO TIDY UP
YOUR VILLAGE**

Holton Primary School presents
THE WORLD PREMIERE OF
SOUNDS GREEN
Music by internationally renowned composer
Pamela Wedgwood
Lyrics by Ellis Holt of Holton School
THURSDAY 19TH MARCH
6.30pm at The Cut
Tickets available now from The Cut £5 each

HOLTON PARISH COUNCIL
MINUTES OF THE PARISH COUNCIL MEETING
HELD ON WEDNESDAY 14TH JANUARY 2015
SPEAKER : Steve Grant – Bernard Matthews

Update on Biodigester. They have had some success in finding a better blend of materials. Materials are bought in on what would be empty lorries to reduce lorry movements. Requests were made of numbers of recorded lorry movements over the last year which are sent to SCC. One per day approximately.

MEETING

PRESENT: Councillors G Cackett, D Fosdike, M Hart, R Stephenson, N Kerridge, M Jones, D. Davis, Cllr A Cackett (WDC),

APOLOGIES – Cllr Tony Goldson (SCC),

MINUTES OF THE MEETING HELD ON: 6th November 2014 – Approved.

REVIEW OF FINANCIAL REGULATIONS AND STANDING ORDERS

Members reviewed the draft Regulations and Standing Orders and it was agreed that these documents would be adopted.

PLANNING DECISIONS/APPLICATIONS

DC/14/3234/FUL – Construction of house, Cedar Lodge, Sandy Lane - GRANTED

DC/14/3113/FUL – Construction of temp L shaped building wrapped around existing building for storage of plastic trays. Bernard Matthews – GRANTED

DC/14/3924/FUL – Construction of house and re-arrangement of the parking area to the public house – The Lord Nelson Inn, Mill Road. Agreed Subject to neighbours comments and access and egress.

BUDGET/PRECEPT

The Clerk provided details of the Budget which had been previously circulated and the proposed Precept which was to remain as last year, due to no major increases.

REPORTS

VILLAGE HALL - Mr Cackett advised that there had been several new hirers and that things were ticking along.

DISTRICT COUNCILLOR – Cllr Cackett stated that there was nothing to report at present.

DATE OF NEXT MEETING – Wednesday March 4th 2015.

Alison Cackett
Clerk to Holton Parish Council

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LETTERS AND E-MAILS

THANKS

Mrs Beryl Folkes of Lower Park Walk, would like to thank her friendly neighbours who kindly sent flowers and their best wishes after suffering a stroke on the 5th February. Their kind thoughts are very much appreciated.

Beryl is recovering well, although it is going to take time.

Again Many Thanks
Beryl and Family

DOG FOULING

To the **many responsible** dog owners, there is no need to continue to read this, but to the one person who allows their animal to roam at night, STOP doing this. Two to three times a week I have to remove evidence of your animals overnight visit to our front garden, sometimes close to our front door. A job I hope you will agree that is both disgusting and literally sickening. We have lived here many years without this sort of problem and wish to live here without this problem in the future!!

Resident of Lower Park Walk

STORM DAMAGE IN HOLTON!



This was the scene on Beccles Road before lunch on 28th January when a fallen tree closed the B1124 for a day before finally being removed. A few drivers were unable to read the large red notices which made for problems!

Our thanks go to David Cannon from Holton Vicarage who took this photo and kept us updated.

IN A SPIN
OF HALESWORTH

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Ina_spin@btinternet.com

HOLTON SCHOOL NEWS

Term started well with over 60 pupils attending The Cut to see Cinderella. It was a great evening and all pupils thoroughly enjoyed the experience. Many people complimented the pupils on their behaviour and indeed many audience members said how having a large group of children there added to their enjoyment of the show. Well done to Mr Coote and Mr Holt for getting up to dance with the Ugly Sisters and showing the children how pantomime is all about audience participation. Many, many thanks to The Friends for funding this outing.

Learning this term in KS1 has been concentrating on Our World and Eagles have been learning about different countries round the world to help Barnaby Bear decide where to go on holiday.

Kestrels have been learning about the United Kingdom. During a visit to Tesco's in Beccles they learned where food is sourced from in the UK and how it is packaged.

Red Kites have been enjoying reading a range of classic books which they are sharing with their classmates.

During the second half of this term the inter-house competition will be a Great British Bake Off Challenge and we are looking forward to celebrating our young chefs.

As well as funding the Cinderella evening, The Friends have also given money to buy more playtime equipment, two Friendship Stops and are also purchasing sporting kit which can be worn when participating in inter school events. The next open Friends meeting will be on Monday 24th March at 6.30pm - all welcome, please enter via main reception.

The Beetle Drive at the end of January was very well attended and was a most enjoyable evening. It was good to welcome members of the community in and the support from families and staff was most pleasing. After six rounds of frantic beetling, there was a break for food provided by all the participants and then a further six rounds before enjoying more food (sweet this time) before going home.

On Thursday 19th March Kestrels (Years 3 & 4) will be putting on a world premiere of "Sounds Green" at The Cut. It is based on music written by internationally renowned composer Pamela Wedgwood with lyrics by Mr Holt and input from Kestrel pupils. The performance will start at 6.30pm and tickets are available now from The Cut - price £5. It is hoped Pamela Wedgwood will also attend the performance.

Since January Holton School is in partnership with Bungay Primary, Edgar Sewter, Ilketshall and Wenhasston Primary Schools. Whilst the schools have worked together very well over the years, the aim of the Partnership is to formalise this arrangement and enable all schools to support one another. Of the many partnerships currently in Suffolk this is unique in that all the schools involved are keen to maintain their own individual ethos and also their own head teacher. So far there have been various sporting fixtures with the other

schools and teaching staff (including teaching assistants) have met to look at work and standards together as well as sharing training. Governors from all 5 schools are also looking to meet regularly and share training etc. Teachers have also visited each other's schools to observe learning and share good practice.

Since Christmas the school has run one block of enrichment activities which have included Art, Drama and Lego. The second block of 4 week sessions will start at the end of February and the pupils have a very varied choice of activities, drama, outdoor club, music, board games and mini fencing so there really is something for everyone. Again many thanks to all staff who give up their time to run these activities.

On Friday 13th February, at the weekly celebration assembly, Holton's first Head Boy was announced. This is a pupil whose hard work and commitment has been recognised by all staff and who they feel is a good ambassador for the school. The unanimous choice for the post this year was Louie Jordan.

As usual this half term there have been parent lunches and also Open the Book sessions which have been enjoyed by all pupils.

If you want to know more about the school or see photos of recent events please visit the website at www.holton-st-peter.suffolk.sch.uk

Alison Hyden

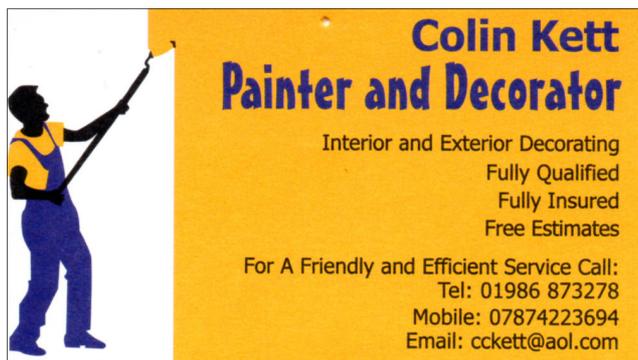
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LENT COURSE FOR 2015

The Lent Course this year is based on the 2012 film of the English language musical of *Les Miserables*, the French classic novel by Victor Hugo. The Revd Jonathan Meyer, inspired by the filming of part of the film in his church of St Mary's, Ewelme, has written a five week Lent Course, and that is what we shall be using, together with the DVD. The course book "Another Story Must Begin" costs £6.00, if you have difficulty affording this we can help. The DVD of the film is £5.00, but the cost of that can be shared by a group.

This course will have started in February, but if you would like to join a group, look in the March issue of *Team Times*, ask at St Peter's church, or phone Revd Liz Cannon (01986 875548) for details.

CAR BOOT SALE

10am Saturday 2nd May

St Peter's Church Paddock

Bookings £6 in advance, £7.50 on the day

Tel: 01986 835 752 or 01986 875 913

Refreshments * Barbecue * Raffle

* Church Stall

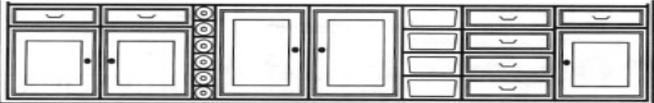
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FROM THE VICARAGE

Dear Friends,

As I write this (on Shrove Tuesday), pancakes will be on the menu for some, and the season of Lent will begin the next day.

It is a tradition in the church to have study groups meeting during the six weeks of Lent leading up to Easter. These are similar to the Book Clubs which have become so popular. Some of the Groups in the Blyth Valley Team of Churches will be using a course entitled 'Another Story Must Begin' based on 'Les Miserables'

I have to confess that I love the stage musical of *Les Miserables*, so much so, that I have seen it about sixteen times. Now, I am not in the habit of going to things I have already seen, but this made such a huge impression on me that I was constantly inviting others to see it and going along with them. I took my husband, David to see it, before we were married and I always rather laughingly said that if he hadn't liked it, we might not have ended up together! I needn't have worried because he became an addict like me!

The film of this that was made a few years ago, for me doesn't quite live up to the book or the stage musical, but I do think the wonderful story comes through very strongly in it.

So what has this got to do with Easter and why study this in Lent? Well, *Les Miserables* is all about grace, forgiveness, sacrificial love, transformation, poverty, social justice and new beginnings - big themes, but these are at the heart of the Easter message too. The author, Victor Hugo was a Frenchman and he wrote about the gross poverty and injustices in the society of his day.

As we approach a General Election the bishops of the Church of England have written a Pastoral Letter calling on people in our parishes to encourage engagement with issues of poverty and wealth distribution in our day - it makes for challenging reading. It notes the fact that the greatest burdens of austerity have been placed upon the low paid, the unemployed, children and people with disabilities. The letter also encourages church members to engage in the political process ahead of the General Election and to put aside self-interest and vote for 'the common good': "*The privileges of living in a democracy mean that we should use our votes thoughtfully, prayerfully and with the good of others in mind, not just our own interests.*"

Easter is a time that reminds us that although suffering, hardship, sin and sadness are part of our lives, these do not have the last word - God's love does!

Our church, and all the churches of this area, will be observing Lent and celebrating Holy Week and Easter and you will be very welcome at any of the services.

May I take this opportunity of wishing you all a very Happy Easter.

Liz Cannon



ST PETER'S CHURCH, HOLTON



CHURCH SERVICES

MARCH

1st March	9.30am Team Eucharist, St Mary's Church, Halesworth 6.30pm Evening Prayer
8th March	11.15am Eucharist 6.30pm Team Evensong at St Andrew's Church, Wissett
15th March	MOTHERING SUNDAY 11.15am Family Service
22nd March	11.15am Eucharist
29th March	PALM SUNDAY 10.15am Palm Sunday Ecumenical Procession of Palms from the Library to St Mary's Church, Halesworth 10.30am Eucharist at St Mary's Church

APRIL

2nd April	MAUNDY THURSDAY 7.30pm Eucharist of the Last Supper and Washing of Feet at St Mary's Church, Halesworth
3rd April	GOOD FRIDAY 10.15am Ecumenical Walk of Witness from outside the Methodist Church to the United Reform Church via St Edmunds Roman Catholic Church and St Mary's Church. (St Peter's Church, Holton will be open for prayer and quiet contemplation from 12 noon until 2pm) 2pm Last Hour at the Foot of the Cross at St Peter's Church, Holton
4th April	EASTER EVE 7.30pm A Service of Light in anticipation of Easter at St Mary's Church, Halesworth
5th April	EASTER DAY 11.15am Eucharist
12th April	11.15am Eucharist 6.30pm Team Evensong venue TBA
19th April	11.15am Iona Style Worship
26th April	11.15am Eucharist 3.00pm ST GEORGE'S DAY SERVICE at St Mary's Church, Halesworth

Please be aware that services may change, if in doubt please check in 'Team Times' or on the Church Porch notice boards.

Work parties take place in Holton Churchyard on the 3rd Saturday of the month from 10am - 1pm. If you can help contact Jim Watts:- 01986 835752

CHURCH NEWS AND EVENTS

LENT LUNCHESES ON FRIDAYS

St Peter's Room

12noon to 1.30pm

6th,13th,20th,and 27th March

If you haven't been to a Lent Lunch yet do come along for a bowl of soup, a hunk of bread and butter, and tea or coffee. Money raised from the lunches, which are £3.00 per person, will be given to the Ebola Crisis Fund to help alleviate the problems caused by the epidemic and to continue treatment where necessary. There will also be a Fair Trade Stall from which to buy fairly traded food stuffs, gifts and cards.

FOLLOWING ON FROM LENT LUNCHESES:

PUZZLING QUESTIONS

at 1.30pm in St Peter's Room

Have you ever wondered? Exploring Life's deeper questions.

Come to Lent Lunch and stay for Puzzling Questions or come at 1.30pm and bring your questions with you, or just come and find out about the Christian faith.

We would love to see you!

Friday 13th March, 20th March and 27th March

WOMEN'S WORLD DAY OF PRAYER

6th March

2pm at Halesworth Methodist Church

The service this year has been put together by Christian women in the Bahamas.

All welcome!

ANNUAL PAROCHIAL CHURCH MEETING

Thursday 16th April

7pm for 7.30pm in St Peter's Church

Drinks and nibbles at 7pm, meeting at 7.30pm

This meeting is open to village residents so do come along and meet the Parochial (Parish) Church Council, other officers and church members.

POP-IN PARLOUR

Friday 1st May

12noon to 1.30pm in St Peter's Room

Join us for our last lunch before the summer break. We will be reopening on Friday 4th September same time same place

SPRING CLEANING THE CHURCH!

If you can help, please come along to St Peter's Church on Monday 23rd March, we will be there between 10am and 12 midday. If you can come armed with dusters and other cleaning materials that would be lovely. We will be tackling the bits of the church which don't get cleaned on a regular basis, so hopefully, at the end of the morning, the church will be sparkling clean and ready for Easter.

PICTURES OF HOLTON

I am looking for photographs or paintings of Holton, particularly of the past but some new ones would also be welcome, to put on display during the Open Gardens Event in July to raise money for the Village Hall.

Anyone who has any please contact me. There will be a prize for the best one.

Alison Cackett
874442

FROM THE COMMUNITY POLICE

In the month of January the SNT offered a report to the Town Council of Halesworth where 66% of the crime committed was as a result of an insecurity: be that an unlocked gate or outbuilding, a bicycle left alone and not locked, or a car left open for a thief to rifle through its interior unimpeded.

A high proportion of crime is opportunistic, so it stands to reason that if the opportunity is removed then the crime won't be committed. The SNT would like to remind the residents of Holton that they should be vigilant in securing their homes/property and in that way, they will make themselves less likely to be a victim of crime.

If any resident wants advice with regard to home security, they can make an appointment for a member of the SNT to call at their address and offer free advice with regard to their home security. Just dial 101 and ask to speak to the Halesworth SNT team or call at the Police Station.

PCSO 3205 E Vincent
Halesworth & Southwold SNT
Non-emergency contact: 101

YOUR VOTE MATTERS
MAKE SURE YOU'RE IN



**REGISTER
TO VOTE!**

You need to be on the electoral register to vote in the next election and you can do this online at www.gov.uk/register tovote or by phoning Waveney District Council on 01502 523320.

The last date to register before the General Election is Monday 20th April 2015.

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NPTC

CHURCH SERVICES AT BLYFORD ALL SAINTS

Sunday March 8th - Morning Worship - 9.30a.m.

Sunday March 15th - Mothering Sunday - Family Service - 9.30a.m.

Sunday April 5th - Easter Day - Eucharist - 9.30a.m.

Refreshments served after the service. All Welcome

BLYFORD AND SOTHERTON PARISH COUNCIL

MINUTES OF A MEETING OF THE COUNCIL HELD ON MONDAY 12TH JANUARY 2015

PRESENT: Councillors G Walker (Chair), L Cayley, B Martin, S McDonald, P Traube, M Jackson and Cllr A Cackett (WDC)

APOLOGIES: Cllr R Parry, Cllr T Goldson (SCC)

MINUTES OF THE MEETING: held on Monday 3rd November 2014 were approved.

REVIEW OF FINANCIAL REGULATIONS, STANDING ORDERS:

Members have reviewed the draft Regulations and Standing Orders and it was agreed that these documents should be adopted.

PLANNING DECISIONS/APPLICATIONS:

DC/14/3617/FUL: Replacement of existing outbuilding – Bummell End, Southwold Road – Granted

DC/14/4181/TPO: Reduce various trees as per application – Wood View, Primes Lane. No objections subject to neighbour's comments.

VEHICLE ACTIVATED SIGNS:

A discussion took place concerning the Vehicle Activated Signs which are proposed for Blyford. After some discussion it was agreed that the form would not be signed until such time as an accurate cost had been advised as there was concern that this may escalate and become unaffordable

DATE OF NEXT MEETING: The next meeting will be held on 9th March 2015.

Alison Cackett

Clerk to Blyford and Sotherton Parish Council

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WHAT'S ON AT HALESWORTH LIBRARY

As well as books we have many other events and activities at the library and we hope there's something for everyone. Why not visit us to find out more.

Friday 6th March – 22nd March; Suffolk Libraries Bookfest. Suffolk libraries will be hosting events across the region to celebrate libraries and books, with story telling sessions, children's events and visits from authors. Look out for more information in the library. Put it in your diary!

Wednesday 1st April 7.15 – 9.30pm. 'The Library Spring Quiz' to raise funds for Halesworth Library. Cost £12.00 per team of four, nibbles at half time, please bring your own drinks. Entry forms at the library.

Are you interested in joining a small group of like-minded young people to inspire you and improve your writing skills? The group will be led by Annaliese Matheron, local Children's author! The group could meet on alternate fortnights, after school, and be for ages 8-13. If there is enough interest we could also run a teenage group. Cost would be around £3. Please leave your contact details with library staff, as we need to find out how many children are interested!

Every Sunday there are fun and free activities for children between 12.00 and 2.30pm. Please just drop in and join in the fun. On a Tuesday we have a Baby Bounce and Tot Rock session for babies / toddlers and their parents/carers 10am-11am. Come and join us.

Knit & Natter, Stitch & Chatter. Every 1st & 3rd Tuesday afternoon of every month between, 2 – 4 pm. Refreshments available.

Every Wednesday, from 10.30-12.00, we have Time Out; a friendly, relaxed group and a great place to meet new friends. 4th March - "Then and Now in Cambodia" Jayne and Elaine will be talking about their travels. 11th March - Jenny Gray will be with us sharing Halesworth Museums' Memory Boxes as an inspiration for discussion. 18th March - Hurray it's almost Spring! Celebrate with Poetry, Music and Song! 25th March – Routes to Halesworth – How, why, when, where from....? Come and tell us how you came to be living in the wonderful town of Halesworth! Many thanks to all for contributing to our sessions.

Have a bit of fun and support the library, Collect a copy of our library quiz, just 50p! Answers for the December quiz on display in the library now.

Are you creative? Perhaps you are an artist who wants to showcase your work? Why not promote your work in our window gallery area. The space overlooks the street and is a well-lit, locked and secure place, so if you have work you wish to sell please contact a member of staff. There is a small fee/commission for this.

Does your business/workshop/event need publicity? Our display case in the window faces the Thoroughfare. For just £5 per calendar month for a double-sided A4 poster.

Is there a writer struggling to get out?! Don't know where to start? Written before but feeling rusty? Local writer/publisher Tom Corbett is running two creative

writing groups in the library every Monday 10.30am-12.00pm and on Tuesday evenings from 6.30pm-9pm at Bridge House. This eight-week rolling programme includes both poetry and prose; for more information contact Tom on 07831264021.

Our laptop and iPad sessions on Wednesday afternoons are proving ever popular – if you would like to sign up do get in touch; iPad from 2pm to 3pm, laptop 3.15pm-4.15pm. £5 per session. Please let staff know if you're interested.

Following the success of our Spanish and Italian language courses we plan to continue them. If you are interested in coming along, please let a member of staff know.

In need of exercise? Are you living with pain or joint stiffness? If so, our fitness classes may help. On Thursdays the NHS Exercise Referral Scheme runs classes for all abilities in the library:- 9.30am-10.30am I-Move Freely – a gentle mobility and stretches exercise class ideal for those living with chronic or niggling pain; 11am-12pm Nordic Walk – poles can be provided; 1pm – 2pm and 2pm-3pm I-Move Freely sessions. Full instruction given by qualified Physical Activity instructor Vincent Brown. Just £3 a session. Please book at the library.

We have a book group looking for more members. They meet on the 2nd Thursday evening of the month. If you would like to join us please contact Catherine Draper – catherinedraper@live.co.uk

Do you need careers advice? Help with a C.V? An adviser from the National Careers service will be here on selected Wednesdays. Please pop in to the library to confirm dates and to make an appointment.

A representative from Age UK will be present in the library on the 1st and last Wednesday of the month between 10.30-12. If you need some help or information and don't know where to look then please pop in. If you just need to chat that's okay too.

On the 2nd Saturday of the month between 10 – 11am your local councillor holds a surgery and on the 4th Saturday your town councillor is here between 10-11a.m.

Looking for a gift or card? We have local artists' cards, jewellery (new stock has just arrived) by Imogen and Ed Sheeran and several interesting local publications.

The library offers A4 and A3 colour printing, laminating, scanning, fax and photocopying facilities. We have internet access with print facility and free Wi-Fi. We also hold local tourist information, rail and bus timetables, plus much more.

The Library is also being redecorated and whilst most of the work will be done when we're closed we'd like to apologise for any inconvenience in advance.

We look forward to seeing you or call 01986 875095 or e-mail: halesworth.library@suffolklibraries.co.uk. You can also visit our website at: www.suffolklibraries.co.uk. Finally you can follow us on Facebook and Twitter.

Alison Hopkins



SERVICES IN NORTH SUFFOLK

AgeUK Suffolk is a Suffolk-based independent charity working with and for the benefit of older people in Suffolk. Their mission is to enable older people and their family carers to manage the challenges that sometime come with ageing, retain choice in, and control over, their lives and enjoy life rather than endure it. They provide a range of services across Suffolk to improve people's quality of life and enable them to live independently at home such as:

1. Information Help Centres provide information on any aspect of ageing, from housing, equipment, health and finding support, to coping with bereavement. The Lowestoft Information Help Centre can be found within the charity shop at 112 London Road North.

2. Benefits Advice services provide home visits to people over retirement age, assisting with benefit checks and completing application forms

3. Home-visiting Independence Advisors offer friendly well-informed advice and help with any concerns that older people may have, which could affect their ability to remain living at home independently. They assist with blue-badge applications and transport queries and provide information on health risks and social opportunities available.

4. Someone to talk to. Befriending volunteers make home visits or telephone calls, offering regular social contact and companionship for those who feel lonely or isolated.

5. Home Service. Do you find the tasks you used to do with ease have become much harder? Do you worry about keeping your home clean and tidy? Do you want to stay at home but think you need some help to enable you to do so? Friendly, local, reliable and well trained home service assistants can provide a tailor made service to suit.

Volunteers are vital to the work and there are a range of opportunities in North Suffolk.

If you require help or would like to volunteer contact 01473 351234, email: enquiries@ageuksuffolk.org or see: www.ageuksuffolk.org

NEED HOME FOOT CARE HELP?

*My toe nails need cutting
But I can't get down there.
A sore toe - is it a corn?
I need some foot care!*

*Our walking is safer
When our feet are pain free.
So I'll give Jane a call
She'll be happy to visit me.*

Jane Parker TCFCP dip
Foot Care Practitioner
07732 048837

SOUTHWOLD CARPETS, CURTAINS & BLINDS LTD

Supplied by Colin Wells with 20+ years experience



- CARPETS
- VINYL
- TILES
- BLINDS
- LINEN
- SAFETY FLOORING
- RAILS & POLES
- CURTAINS
- WICKER BASKETS
- HABERDASHERY ITEMS

Tel: 01502 724948

Unit 1, Southwold Business Centre
St Edmunds Road, Southwold IP18 6JU
www.southwoldcarpets.co.uk
E-mail - southwoldcarpets@btconnect.com

Monday - Friday (Closed Wednesday): 9.00am - 5.00pm
Saturday 10.00am - 4.00pm



HOLTON ANIMAL FEEDS



Feed for chickens, goats, sheep, horses, birds, dogs, cats, fish and small animals.

Dog food including:

BURNS, JAMES WELLBELOVED, ARDEN GRANGE, BETA, ROYAL CANIN, SKINNERS, WAGG, SUPADOG & CHUDLEY'S

Dog, cat and small animal accessories - everything you need for your pets under one roof

MONTHLY SPECIAL OFFERS

Layer pellets/mash £8.50, Mixed Corn £7.00 - 20 kg

Bags of Hay & Straw, also bales.

Animal bedding and large range of wild bird feeds.

Hydrosoft Salt Tablets £6.29 for 25kg.

Salt blocks £4.50 per pack.

OPENING TIMES

Mon-Sat 9am - 5pm

NOW AT: Mandafield,

Sparrowhawk Road, Upper Holton,
Halesworth IP19 8NH

Telephone: 01986 873045



MARKET FIELDS FARM SHOP

AT

HOLTON ROAD GARDEN CENTRE

• FROZEN VEGETABLES, FRUITS AND READY MEALS FROM FIELDFARE

• FROZEN FISH FROM WORLD OF FISH OF LOWESTOFT

• LOCAL HOMEMADE CAKES

Special offers on Beers and Wines!

• FRESH FRUIT & VEGETABLES

• FRESH & FROZEN MEAT FROM CLARKE BUTCHERS, BRAMFIELD

EASTER GOODIES NOW IN STORE

OPEN 7 DAYS A WEEK

EASY PARKING & LOADING



SOUTHWOLD DECORATIVE AND FINE ARTS SOCIETY

The following lectures are being held at 2pm in St Edmund's Hall, Southwold:

Tuesday 10 March: On either side of No Man's Land: British and German Artists of the 1914-1918 War. Lecturer: Clare Ford-Willie.

Tuesday 14 April: The Celts. Lecturer: Barbara Askew.

Visitors are always welcome. Membership is also available - please contact me for further details on 01986 874000 or email: admin@southwoldfas.co.uk

Anne Holland

HOLTON AND BLYFORD VILLAGE HALL TOTE WINNERS

Result of the draw on 13 January was as follows:

1st No. 72	John Brady	£25
2nd No. 19	Mr and Mrs J Neville	£10
3rd No. 31	Joy Johnson	£5
4th No. 145	Linda and Phil Stevens	£5

Result of the draw on 10th February was as follows:

1st No. 38	Roger & Jackie Moulson	£25
2nd No. 34	Irene Rust	£10
3rd No. 39	Norman Hatcher	£5
4th No. 83	Mrs Thurlow	£5

New members are always welcome. Please contact Helen Fensom on 01986 873575 for further details.

CINEMA @ THE CUT

All films start at 7.30pm unless otherwise shown

PROGRAMME	
MARCH	
Wed 11th	To Have and Have Not (PG)
Wed 18th	Pride (15)
Wed 25th	Mr Turner (12A)
Wed 28th	Finding Vivian Maier (12A)
APRIL	
Wed 1st	Her (15)
Wed 8th	Maps To The Stars (18)
Wed 22nd	Gone Girl (18)
Wed 29th	Tracks (PG)

www.eastsuffolk.foodbank.org.uk

To contact
the foodbank
ring
07928 719934

If you are in a crisis and need food, talk to a professional or care organisation and ask to be referred to the Foodbank.

HALESWORTH OPENING TIMES:

Wednesdays at St. Mary's, between 10.45 am and 11.45.

Donations can also be left at the back of Holton Church

If you wish to donate food you can drop it off at St. Mary's, Rosedale Funeral Home, Woolnough's Funeral Home and Café Frappa.

Emergency food for local people in crisis

Registered charity number: 111005 | Registered in England and Wales

Metherells

Fine Art Auctioneers & Valuers

The Old Print Works, Thoroughfare
Halesworth, IP19 8AP

01986 873050 info@metherells.com

NEXT AUCTION: Sat 28 Feb, 10.30am

Viewing: Fri 27 Feb, 8.30am-8pm, & sale day from 8.30am

Due to the uncertainty following Tesco's announcement to sell The Old Print Works site, it has become difficult for us to plan ahead. Therefore we have decided that auctions cannot continue in their current format - the last one will be held on 28 Feb. We would like to take this opportunity to thank our customers for their patronage, the Halesworth Portas Town Team & the Halesworth & Blyth Valley Partnership for their unstinting encouragement & support which has enabled us to establish our business at The Old Print Works. We will announce the re-commencement of auctions once a new permanent venue has been found. *David Metherell.*

www.metherells.com the-saleroom.com

Holton Trading Post and J.A.K. Furniture Services

- ❖ We have a 1000ft² showroom of furniture,
- ❖ We buy and sell second-hand and country furniture,
 - ❖ Undertake house and shed clearances,
 - ❖ Strip furniture and doors,
 - ❖ Repair and polish furniture,
 - ❖ Paint furniture and doors,
- ❖ We can also make furniture from reclaim and much more!

Come and have a look!

Units 9&10, The Old Airfield Site,
Holton, Halesworth IP19 8NH

Telephone Justin on:
01986 874277
or 07767 861401

Opening Times

Monday-Friday: 9am - 5.30pm
Saturday: 9am - 2pm

USEFUL INFORMATION AND CONTACTS

HOLTON POST Committee/Editorial Group	
Maritza Simpson (<i>Chairman & Treasurer</i>) Tel. 872990 Anne Holland (<i>Secretary & Production</i>) Tel. 874000 Jackie/Jim Watts (<i>Distribution</i>) Tel. 835752 Jill Hewlett Tel. 875913 Alison Hyden Tel. 872559 Clare Neville Tel. 873723 Alison/Geoff Cackett (<i>Parish Council Representative</i>) Tel. 874442	
Hand deliver or post any articles or photos to: Maritza Simpson, Halfpenny, Bungay Road, Holton, Halesworth IP19 8PL Email: holtonpost@gmail.com Website: www.holtonpost.co.uk DEADLINE DATE FOR THE NEXT ISSUE IS: Friday 17th April 2015	

REGULAR ACTIVITIES AT THE VILLAGE HALL						
Weekly						
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%;">Badminton Club</td> <td>Tuesdays 7.30 - 9.30pm</td> </tr> <tr> <td>U3A</td> <td>Once a month on Tuesday afternoons 2 - 4pm</td> </tr> </table>	Badminton Club	Tuesdays 7.30 - 9.30pm	U3A	Once a month on Tuesday afternoons 2 - 4pm		
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Term time only						
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<p><i>The Village Hall is also available for private functions and is licensed for the sale of alcohol.</i></p> <p><i>Please contact the Letting Officer, Mrs Maxine Ellis:</i> Tel: 01986 875847 or email: holtonandblyfordvillagehall@hotmail.com</p>						

HOLTON B&Bs	
Duke House	01986 873259 dukehouseinfo@aol.com
Gavelcroft	01986 873117 gavelcroft@gmail.com
The Lord Nelson Inn	01986 835734 info@thelordnelsonholton.co.uk
Valley Farm	01986 874521 mail@valleyfarmholton.co.uk

LOCAL SERVICES	
Holton Animal Feeds	01986 873045
Foot Care Practitioner - Jane Parker, TCFPC dip.	07732 048837
Market Fields Farm Shop	01986 872134
Holton Road Garden Centre	01986 872761
Holton Road Cafe	01986 873772
Newspapers – Patrick’s	01986 875229
Private Hire – DRF Transport	01986 872829
Taxi – Ginge	01986 874028
Cundy’s Dairy	01986 892428

OTHER USEFUL LOCAL NUMBERS	
Age UK link - Contact: Maritza Simpson	01986 872990
Doctor’s Surgery	01986 874618
NHS (non-emergency)	111
Police (non-emergency)	101
Waveney District Council	01502 562111
– Halesworth Local Office	01986 873162

Suffolk Libraries

MOBILE LIBRARY TIMETABLE

Greenbank	1355-1415
Lower Park Walk	1420-1435
Valley Close	1440-1500

Calling every 4 weeks on Fridays
6 March, NOT Good Friday, 1 May

MINOR INJURIES UNITS

When you have a minor injury but don't need to go to A&E, use the Minor Injuries Units instead.

Minor injuries include minor cuts, burns, sprains, grazes, foreign objects in eyes, nose or ears, bites, stings and minor head injuries. Minor illnesses are not treated at Minor Injuries Units.

Minor injury services are run by experienced emergency nurses at:

Cutlers Hill Surgery, Bungay Road, Halesworth
 Open from : 8:30 am to 6:00 pm, Monday to Friday
 (not Bank Holidays)
Tel: 01986 874618

Beccles Hospital, St Mary’s Road, Beccles
 Open from : 8:00 am to 8:00 pm every day
Tel: 01502 719820