

The Holton Post

March/April 2016

Issue No 87

YOUR VILLAGE NEWSLETTER

CLEAN FOR THE QUEEN!

'Clean for The Queen' is a campaign launched by Country Life magazine in partnership with Keep Britain Tidy to clear up Britain in time for The Queen's 90th birthday in 2016.

The first national anti-litter campaign was carried out in 1953, the year of The Queen's coronation so it is appropriate that, in the year of her 90th birthday, we should all band together to attempt the biggest clean-up in history. The idea is to rally an army of volunteers across the country to clean up their local areas and this will include a special clean-up from March 4th - 6th.

About 2.25 million pieces of litter are dropped on the streets of the UK every day. Thirty million tons of rubbish are collected from England's streets each year. That's enough to fill Wembley Stadium four times over. The Highways Agency clears about 180,000 sacks of litter from motorways and A roads alone. There could be 46,000 pieces of plastic floating in every square mile of the ocean. About 80% of that comes from the land. Plastic takes at least 450 years to break down in seawater.

In 2013/14, local authorities dealt with 852,000 fly-tipping incidents in England and Wales. These cost roughly £45 million to clear up. The RSPCA receives 7,000 calls a year about animals injured by litter. The amount of litter on UK beaches has almost doubled over the past 15 years.

Now it's up to all of us. In Holton the school is having a special clean-up on Friday 4th March and the Holton Post is doing its bit by organising the Annual Village Clean Up on Saturday 5th March.

If you can take part please come to the Church at about 9.30am to be allocated an area to clean and to be given bags and hoop, and litter grabbers. Please bring your own gloves (rubber or gardening are fine) as Waveney (Sisko) no longer supply them. Any children of 12 and under need to be with an adult. Everyone is expected to take responsibility for their own safety; we have some high vis jackets for those taking on the more dangerous areas.

We hope to be finished by 12.30pm but we can only hope to do the whole village if we have lots of volunteers.

Coffee, tea, soft drinks and cake and biscuits (and possibly fruit) will be supplied. **PLEASE HELP!**

HOLTON VILLAGE CLEAN UP SATURDAY 5TH MARCH

9.30am - 12.30pm

**Bags and litter grabbers provided but
bring your own gloves.
Meet outside the Church**

NEWS FROM HOLTON & BLYFORD VILLAGE HALL

May I introduce myself. My name is Jim Watts, the new Acting Chairman of the Holton and Blyford Village Hall Management Committee.

The Hall is a great asset to the local community and the hope is that it can be kept in good running order for those who would like to use it. Maintenance, as always, is ongoing and has to be prioritised depending on finances. We have recently had the Emergency lighting upgraded and, during the Easter Holiday, the main floor is to be scrubbed and re-polished.

We have had some ideas for fund raising in 2016 including:-

- A possible Fashion Show in the Autumn.
- A local band might come and play for us.
- A Tombola Stall at the Church Car Boot Sale.
- Bingo (maybe once a month)

We are not doing the Open Gardens this year, however, in the future we plan to run it every other year. Many thanks to the gardeners for all their previous support and hope for the same in the future.

Alison Cackett has taken over as Lettings Officer for a while at least. Our thanks go to Wayne Saunders for his help over the past 6 months.

Mike Hart is very happy to continue cutting the more difficult areas of grass with his ride-on mower.

The letting fees are:-

For Holton & Blyford village people and regular users: £10 per hr
 For others £14 per hr
 For the committee room only £5 per hr

To book the Village Hall please contact Alison Cackett on: 01986 874442.

Email: holtonandblyfordvillagehall@hotmail.com

Other contacts:-

Chairman Jim Watts 01986 835752
 Secretary Helen Fensom 01986 873575
 Treasurer Philip Mills 01986 875932

QUIZ NIGHT

WITH PLOUGHMAN'S SUPPER HOLTON VILLAGE HALL THURSDAY 10TH MARCH

7pm for 7.30pm start

£6 per person. Teams of up to 6

Bring your own drinks

To book, ring 01986 874622

For St. Peter's, Holton funds

LETTERS AND E-MAILS BLETCHLEY PARK

I have been wondering how a town like Bletchley Park suddenly had so many persons of service age about during the war (about 4000 extra!), yet seemingly did not attract the attention of German spies. So I wrote to the Museum Archivist and received this reply which I thought might be of interest to some of your readers.

“Dear Mr Cackett,

Thank you for your e-mail which was received today. You wished to know how Bletchley Park evaded the notice of German spies in Britain during the Second World War. Unfortunately this question is based on an erroneous presumption. This is because, – with the possible exceptions of Werner Mikkelsen (aka Werner Nowak and Wilhelm Moerz) and an unknown individual who committed suicide – all German spies in or sent to Britain were captured nearly immediately by MI5, a task aided by the ability to read German communications enciphered using the Enigma machine. Several of the captured spies were then used to send back false information to their handlers as part of Allied deception operations.”

Geoff Cackett

STAYING ALIVE

I was enlightened to gather when we moved to Blyford that it is a linear village, well away from the 2 centres of activity, the church and the pub, as a result of the plague; dwellings constructed distant from the bodies of the deceased in the churchyard. True or not it appears a new 21st century plague of speeding and heavy traffic has spread along the main road and contaminated the entire village.

Cycling on most days it soon became apparent to me that the B1123 is often a busy and fast-moving road, especially in summer, linking as it does Halesworth and beyond with Southwold and the A12 routes both North and Southbound. Primes Lane and King's Lane soon became idyllic sanctuaries to aim for! Early on I also clocked the weight limit sign of 7.5 tonnes at the Beccles road junction near the A12. One doesn't have to be on the road for long before lorries of far greater weight are seen trundling past. And, at the speed they are travelling, they'd have trouble slowing down and delivering in Wissett or Walpole let alone Holton or Halesworth!

So I was interested to hear from Alastair Macfarlane about the road safety meeting last November at the Queen's Head and keen to attend the recent parish council meeting to hear the dialogue about the matter from local residents. It became immediately apparent that there are several interlinked issues, most dating back several years (some recalled footpath plans in the mid 80's and subsequent half-hearted measures to upgrade) not effectively addressed and now worsening. Views expressed underlined that immediate action is essential if injury and fatality are to be avoided. Vehicles have been observed at speeds of double the limit even in the 30mph section. All agreed the footways are inadequate, in some places non-existent, and highly dangerous to negotiate given the traffic volume and speeds. I can vouch for this having walked to Halesworth station from Blyford, being forced to make a detour around and through Holton village to

keep to any sort of a path. In addition it was felt that not all the thundering lorries are making local deliveries and should be on alternative routes.

The upshot of the points made in the public forum prior to the council meeting and the ensuing discussion during the meeting is that a letter outlining all these issues is to be sent to Suffolk County Council with a copy to the local police in Halesworth. Certainly in the immediate future a police presence with speed guns and/or the nomadic Suffolk traffic speed vehicle would soon amass a long list of transgressors well before any traffic calming measures were adopted. I may be being pessimistic but let's hope for a prompt rather than tardy response and one which does not defensively refer to budget cuts as an obstacle and an excuse for inaction. After all, what cost a life? Something must be done before one is taken. The least that should initially result is a survey to look at various practical suggested solutions, looking at street plans and historical footpath maps and, in doing that, enlisting the active involvement and opinions of local residents and landowners.

I feel it is also about the sense of community of the village as a whole as well as safety. Before and after the meeting I met people who live just a stone's throw away from our house, literally yards, on the very same B1123. We'd never met before in the 6 months I've been here and have no footpath to allow us to converse/greet/pass the time of day should we so wish. There must be 25 or so residences in Blyford either side of Primes Lane and only an intermittent footway so the same must apply to everyone there too. For a 'down the road' trip to the communal meeting points of the church or the Queen's Head (or both!) then walking is basically out of the question making the car the likely method of transport – so we can add health and environmental issues to the basic safety considerations also.

So, Suffolk County Council please respond swiftly, sympathetically and supportively – you have the power to act; our parish council does not.

John Beckett

USE OF DNA AND IDENTIFICATION OF LITTER LOUYS AND PERSONS WHO DO NOT CLEAR UP AFTER THEIR DOGS

Smokers and persons who throw fast food waste out of their cars, particularly along the Beccles Road, should be aware that a) your DNA is on the rubbish you drop, and b) that this is frequently collected to keep our village tidy. With regard to food waste you should also remember that your face is on CCTV at most fast food outlets. Consequently it is feasible that you could be identified and prosecuted.

I am a firm believer that in respect of such offences you should be given fair notice that you risk prosecution.

In view of the progress of science I would urge us all to clear up after our dogs and take our litter home and put in the dustbin. Simple!

Geoff Cackett

HOLTON SCHOOL NEWS

Despite this being a very short half term there has been, as ever, a lot of learning going on at Holton. Ospreys have been enjoying learning all about dinosaurs and have become very engaged in finding out all about them. They have even hatched some dinosaurs out in the classroom! Next door in Eagles the topic has been The Frozen Planet and all pupils have been keen to find out about the climate and all the creatures that live in the Arctic and Antarctica.

Kestrels are concentrating on the Saxons and are putting together their own Museum of Saxons and putting together a musical which they will be performing to parents in March. They also paid a visit to the Saxon village at West Stowe and Mr Holt and pupils would like to thank Friends of Holton for paying for the transport for this trip. It was a long day but all the pupils and staff thoroughly enjoyed it and gained a lot from the experience.

Red Kites have been studying Extreme Earth, including volcanoes, mountains and other biomes.

At the end of January all pupils had the opportunity to go to see "Beauty and the Beast" at Southwold. This again was due to the generosity of the Friends and it was good to see 62 pupils of all ages enjoying themselves greatly. It was pleasing to hear positive comments from members of the audience as to how well Holton pupils behaved – they were a credit to the school and their parents.

Also at the end of January we had a tea party to mark the fact that Mrs Righton has been at the school for 7 years which means that current pupils have only ever known her as the head teacher. The tea party was held to celebrate the difference that she has made in progressing the school through the school reorganisation and making it the place it is today.

Enrichment activities have been well attended, all pupils concerned have gained confidence from working with fellow pupils across the school.

As you will have read elsewhere in the Post, Holton is taking part in the Clean for the Queen campaign in early March and the School's Eco Council, under the guidance of Mr Coote will be doing their bit, on behalf of the school, by litter picking on the village playground and the village hall playing field.

For more information about the school please visit the website www.holton-st-peter.suffolk.sch.uk which has recently been revamped and updated and is much more user friendly – many thanks to Mr Holt for masterminding this.

Alison Hyden

THANK YOU

Many, many thanks to everyone who attended or supported in any way the recent Race Night held in Holton Village Hall. The event was a sell out and everyone had a great time. Many thanks to Dot and her team of friends and family who helped organise and set up this fantastic evening. There were many families and individuals who kindly sponsored races or donated prizes for the raffle so many thanks to all of them as well to Halesworth Bookshop for selling tickets. This level of support and commitment from all involved and the generosity of those attending on the evening meant an incredible **£1,636.80** was raised for HCNCF.

Alison Hyden




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HOLTON PARISH COUNCIL

MINUTES OF A MEETING OF THE COUNCIL HELD ON WEDNESDAY 15TH JANUARY 2016

PRESENT: Councillors D Fosdike, M Hart, D Davis, M Jones, R Stephenson, G Cackett and Cllr A Cackett (WDC).

PUBLIC FORUM: No members of the public present.

APOLOGIES: Cllr T Goldson (SCC)

MINUTES OF THE MEETING: held on Wednesday 4th November 2015 and Monday 30th November 2015 were both approved, all in favour.

BUDGET/PRECEPT:

The Budget/Precept was discussed in detail and there were concerns regarding funding for the renewal/refit of the play area. It was therefore proposed that the following adjustments be made:

Reduce S137 grants by £400 = £1000

Increase Renewal by £100 - £1000

Keep Repairs at £2500

The Budget/Precept was then agreed at £9497, all in favour.

HALESWORTH NEIGHBOURHOOD PLAN MEETING:

Cllrs Hart and Cackett attended the meeting and gave an overview. At the meeting no detail was discussed, it was just whether Holton Parish Council would be interested in taking it forward. Sowing the seeds of getting together. It was agreed that in principle this was a good way forward and the Clerk was instructed to write to Halesworth Town Council regarding further discussions.

PLANNING DECISIONS/APPLICATIONS

DC/15/5146/TCA – Tree works to various trees – Oak Hollow, 6a Church View, Holton. Approved.

DC/15/5184/TCA – 14 limes in a 7-8m length now 10m tall, Reduce all by 2.5m. Millrising, Mill Road, Holton. Approved subject to neighbour's comments.

DC/15/5146/FUL – Granted. Construction of Single Storey rear extension and conversion of garage to utility/store.

DC/15/4521/AME – Granted. Material Amendment of DC/15/1216/FUL – The Lord Nelson Building Plot.

REPORTS:

Cllr A Cackett – Advised that things had been quiet over Christmas, but were getting busy again. She is currently liaising with Cllr Goldson regarding the Free Hour Parking in Halesworth. She explained the Budget at WDC and the gap at present and why putting up the Council Tax would not really help to close the gap, but that all ideas were being addressed to cover the shortfall. She explained about the Green Bin payment and how this had come about and also explained which committee's she was on.

DATE OF FUTURE MEETINGS FOR 2016:

9th March, 25th May (AGM), 13th July, 7th September and 9th November. There may be additional meetings if urgent items are received.

Alison Cackett
Clerk to Holton Parish Council

HAVE YOU CALLED FOR AN AMBULANCE RECENTLY?



Share your 999 story with Healthwatch Suffolk.

Healthwatch Suffolk is working with Local Healthwatch across the East of England to find out what people think of local ambulance services. It is always interested to hear of your experiences but is seeking views now because it wants to inform an upcoming Care Quality Commission (CQC) inspection of the East of England Ambulance service.

The Care Quality Commission monitors and regulates services to make sure they meet fundamental standards of quality and safety. It has a legal duty to listen to the things Local Healthwatch say about services. As your local watchdog on health and social care services, Healthwatch Suffolk is best placed to inform the work of the CQC with the experiences of local people in Suffolk.

Whether you had a good or a bad experience, it is easy to share your story. Simply visit the Healthwatch Suffolk website www.healthwatchesuffolk.co.uk where you can search for the service and leave a review. Alternatively call: 01449 703949

or email: info@healthwatchesuffolk.co.uk.

FOODBANK

Just to say a very big thank you to everyone who helped us over Christmas.

Thank you for the generous donations of Christmas goodies and toys. Over 80 families with children in the area from Halesworth to Lowestoft were given toys with which they were thrilled. And the Christmas Fayre was gratefully received.

So thank you for making Christmas special for them.

Jackie Watts

www.eastsuffolk.foodbank.org.uk

East Suffolk foodbank

To contact the foodbank ring 07928 719934

If you are in a crisis and need food, talk to a professional or care organisation and ask to be referred to the Foodbank.

HALESWORTH OPENING TIMES:
Wednesdays at St. Mary's,
between 10.45 am and 11.45.

Donations can also be left at the back of Holton Church

If you wish to donate food you can drop it off at
St. Mary's, Rosedale Funeral Home,
Woolnough's Funeral Home and Café Frappa.

Emergency food for local people in crisis

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ST PETER'S CHURCH, HOLTON



CHURCH SERVICES

MARCH

6th Mar	MOTHERING SUNDAY 11.15am Family Service
13th Mar	6.30pm Team Evensong with a Focus on The Leprosy Mission and a special collection
20th Mar	PALM SUNDAY 10.15am Ecumenical Palm Sunday Procession from Halesworth Library to St Mary's Church, Halesworth for Ecumenical Eucharist at 10.30am
24th Mar	MAUNDY THURSDAY 7.30pm Mass of the Last Supper, Washing of Feet and Watch at St Mary's Church, Halesworth
25th Mar	GOOD FRIDAY 2.00pm Last Hour by the Cross
26th Mar	7.30pm Service of Light:Kindling of the New Fire at St Mary's Church, Halesworth
27th Mar	EASTER DAY 11.15am Eucharist

APRIL

3rd April	9.30am Team Eucharist at St Mary's Church, Halesworth 6.30pm Evening Prayer
10th Apr	11.15am Eucharist 6.30pm Team Evensong at St Peter's Church, Spexhall
17th Apr	11.15am Iona Morning Worship
24th Apr	11.15am Eucharist

Please check March and April 'Team Times' for full Service details as these can change.

CHURCH NEWS AND EVENTS

GOOD FRIDAY

At the time of going to press it is unclear whether there will be an Ecumenical Walk of Witness from the Methodist Church to the United Reformed Church. Last year it started at 10.15am and included a drama, please check the March issue of Team Times and Church Notice Boards.

St Peter's will be open as usual from 12 noon until the 2.00pm for quiet prayer and reflection followed by Last Hour by the Cross. The church will be heated and lit during that time!

LENT LUNCHES

Lent Lunches continue in March on Friday 4th, 11th and 18th in St Peter's Room from 12noon to 1.30pm. We will be serving tasty soups accompanied with bread and butter and a hot drink to follow. The cost is £3.00 and all money raised at the Lent Lunches will be given to the Halesworth Dementia Carers Fund, an excellent local charity which helps people who are caring for someone with dementia to have a few hours break. We also have a small Fair Trade and Traidcraft stall for you to look at, and hopefully buy something. Do come and join us, you will be most welcome.

THE LENT COURSE

The Lent Course also continues in March meeting on Tuesday evenings from 7.30pm to about 9pm at Jill and John Hewlett's house, West Lodge, Lodge Road, Holton, 01986 875 913. The course is based on the film The Way starring Martin Sheen. Other venues can be found on the front cover of the February issue of Team Times, there are still copies of this in church. Please phone the hosts to make sure there is still space.

QUIZ NIGHT FOR ST PETER'S HOLTON FUNDS

with Ploughman's Supper
at Holton Village Hall on Thursday 10th March
7pm for 7.30pm start
Teams of up to 6.
£6 per person
To Book: 01986 874 622

POP-IN PARLOUR

Pop-In Parlour is back after Easter on 1st April from 12noon to 1.30pm in St Peter's Room, Holton.

CAR BOOT SALE

10am Saturday 30th April
St Peter's Church Paddock
Bookings: £6 in advance, £7.50 on the day
Tel: 01986 835 752 or 01986 875 913
Refreshments and Church Stall
In Aid of St Peter's Church



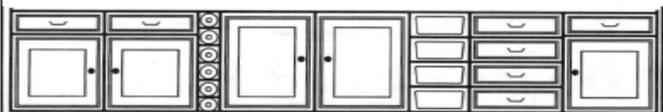
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BLYFORD & SOTHERTON PARISH COUNCIL

MINUTES OF A MEETING HELD ON MONDAY 4TH JANUARY 2016

PRESENT: Councillors G Walker (Chair), B Martin, S McDonald, M Jackson, R Parry and Cllr A Cackett (WDC) – 8 Members of the public – Police: P.C. R Warnes

PUBLIC FORUM:

Various members of the public spoke regarding their concerns with regard to excessive speeding through the village, although most agreed that a footpath along the length of the road and a cycle path were big asks with budgets as they stand and were not probably practical. Speeding was the biggest issue.

APOLOGIES – Cllr T Goldson (SCC)

MINUTES OF THE MEETING HELD ON Monday 2nd November 2015 – to be agreed at next meeting.

SOTHERTON GATEWAY DETAILS

Options for gateway design and quotes to be discussed. There was a great deal of discussion over the two designs and cost of installation and supply. It was decided that Design B, Oak would last the longest at a cost of £1,560.

BUDGET/PRECEPT

The members discussed the proposed Budget and the Clerk advised that she had adjusted the Budget due to small overspends in the last two years. Generally there were no increases, however the Equipment budget has been increased to cater for any further additional waste bins etc if needed in the next year. Hall Hire has been increased due to unknown cost for hiring, The Latitude Monies from tickets is not included in this budget as it can only be spent in Sotherton, being ring-fenced by the Latitude company. The Precept was agreed at £2960 for the year 2016/17.

BLYFORD SAFETY MEETING

Having heard the views of parishioners during the public forum, and concerns regarding excessive speeding along the B1123, it was agreed to write to the Highways Dept, Suffolk County Council outlining the requests and asking them to consider traffic calming measures, as well as a possible Lorry Watch Zone, with better signs to stop large lorries going through the village. The Police representative agreed to look at more use of speed cameras. The Council has already invested in a Vehicle Activated Sign which is shared with other villages and paid towards the cost of a speed gun. A copy of the letter is also to be sent to the Police Station at Halesworth.

COUNCIL RECORDS

Cllr Macdonald raised the issue of archiving records. Various interesting issues came to light, including the Village Green which is outside the church. She has agreed for all items to be taken to Lowestoft Record Office for archiving. This was agreed by the Council

BLYFORD NOTICE BOARD

The Notice Board has now been erected, the Clerk was requested to obtain a quote for a sign for the top.

BLYFORD TELEPHONE BOX

There is concern regarding the state of the telephone box in Blyford. The Clerk is to contact BT and request that they refurbish it as there is broken glass etc. This is to be bought back to the next meeting.

REPORTS

Cllr A Cackett – Advised that things had been quiet over Christmas, but were getting busy again. She is currently liaising with Cllr Goldson regarding the Free Hour Parking in Halesworth. She explained the Budget at WDC and the gap at present and why putting up the Council Tax would not really help. She explained about the Green Bin payment and how this had come about and also explained which committees she was on.

DATE OF FUTURE MEETINGS FOR 2016: 2nd March, 23rd May (AGM), 4th July, 5th September and 7th November. There may be additional meetings if urgent items are received.

Alison Cackett

Clerk to Blyford & Sotherton Parish Council



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Saturday: 9am - 2pm



**WATCHDOG SEEKS YOUR VIEWS
DIABETIC FOOT CARE SERVICES**

Healthwatch Suffolk is working with a leading Consultant Physician of Diabetes and Endocrinology at the Ipswich Hospital NHS Trust Diabetic Centre to explore local experiences of using diabetic foot care services in Suffolk.

Good foot care is essential for people living with diabetes because it can prevent complications caused by high blood glucose levels including damage to nerves and blood vessels. In fact, active foot disease is a leading cause of amputation in the UK.

That is why Healthwatch is keen to explore whether people at high risk of developing foot disease in Suffolk are receiving appropriate care. It is interested in your experiences about the full range of services that may care for your feet and this includes those accessed in GP practices, hospitals and in the community.

Andy Yacoub (Chief Executive of Healthwatch Suffolk) said:

“Our aim is to ensure that these essential services are shaped by the experiences of people using them. This survey will help us to independently check that patients are receiving the right messages to help them manage their condition and that there is fair and appropriate access to foot care services across the county. If you have diabetes or know someone that does, please take part. It only takes a moment and your views could make a positive difference to care in Suffolk.”

To take part, visit <https://www.surveymonkey.com/r/suffolkdiabetes>. You can also contact Healthwatch Suffolk on 01449 703949 or by email to info@healthwatchesuffolk.co.uk to request a hard copy survey.

This survey will close on 30th April 2016.

DISTRICT EYE VIEW

Firstly a Happy Easter to you all.

Well what a busy time, things are pretty tight financially at Waveney District Council, the funding from government gets less and the work increases. Balancing the Budget has been hard and I have been at a number of lengthy meetings, but I think thanks to our great Financial Team we have finally got there. We now just have to concentrate on the next few years and so it goes on. If anyone want any information, please don't hesitate to contact me and I am happy to talk it over with you. The report is going to Full Council on 24th February and it is public information so you can look at it and if you have any queries let me know and I will do my best to help.

Other than the Budget, I have been attending my usual meetings, Planning, Overview and Scrutiny, Health Scrutiny and of course keeping up my links with my Parish Councils. Please remember that all these meeting are public, so if you wish to attend let me know and I am quite happy to take you, or you can take yourself, come and see how we work. Lots to discuss and consider as usual.

I am keeping a close watch on my district which includes the villages north of Halesworth - Westhall, Spexhall, Holton, Blyford, Sotherton and Wangford with Henham - as you can see I have a large area to cover. Don't forget if you have an issue please let me know and I will do my best to resolve the situation. I am contactable by phone or email, or you can come see me anytime, please ring first though as I don't want to have a wasted journey. I am also available in Halesworth Library at 10.00a.m. on the 2nd Saturday in the month.

Regards
Cllr Alison Cackett

HALESWORTH STATIONERS
FOR ALL YOUR PERSONAL AND BUSINESS STATIONERY

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NPTC

WHICH GEAR?

The WRX STI by Subaru

Truly an exciting drive and well worth waiting for!

The all-new WRX STI is THE drivers car. Not only does it have a rally proven pedigree with permanent four-wheel drive as standard, but you have all the extras included in the price of



just under £29000 which would send lesser hot hatches into the £ 35000 region. With its Boxer derived engine the low centre of gravity enables you to make maximum use of the power. The huge rear spoiler generates essential downforce when the car is being driven to the limit.

The car's frame has been made 40% more rigid and together with the track tuned suspension body roll has been reduced by 16%. The driver's controls enable the driver to vary the torque split between the front and rear wheels. In addition the SI drive enables the selection of 3 different levels of performance response. But don't let the technical talk put you off if you are simply looking to own the iconic Subaru. The engine is a 2.5 litre petrol engine putting out 300 P S (think BHP) and 407Nm of torque. Where permitted, the top speed is 159 mph and the 0-62 time is 5.2 seconds. High performance Brembo brakes ensure you have adequate stopping power. Petrol consumption will depend on your style of driving but a combined figure of 27mpg is claimed. But never mind the running costs; if you want the best and wish to live the dream, treat yourself. You are only here once. You could spend more than the £29 k on a large family saloon that you would get bored with in a week! The standard specification is extensive and too large to repeat here but it makes a good read on its own. Incidentally my neighbour enjoyed the cars predecessor (a "Y" reg) for 12 years and has just sold it for in excess of £6000. One very satisfied customer Will this model fit your garage? The car is 1795 MM wide with its mirrors "in". You will need a garage in excess of 4595 mm long if it is going to fit inside and keep your insurance company happy.

What follows is my account of my day's driving experience courtesy of Messrs Hammonds, Norwich Road, Halesworth.

THE ROAD TEST

Weather conditions: flooded roads and greasy surface after several days of frost. I make mention of the weather conditions as they had an impact on the test. Whilst the conditions were so adverse as to make me ensure I had no embarrassing moments, in turn the weather served to show just how capable the four-wheel drive car is in tricky conditions. After an acclimatisation drive to Chediston I turned back and drove via Walpole to Framlingham. Plenty of twists and turns on this route and some useful straights where you could get a feel for the cars capabilities. Once at Framlingham I turned left onto the B1116 to Saxmundham to experience nearly three miles of S bends and acute turns. These two sections should be considered essential routes for performance car testing

as they have sufficient features to enable a driver to assess the potential of their prospective purchase. The combinations of short straights and tight bends driven in very wet conditions really showed the cars prowess, but best of all, the experience brought a smile to my face and a feeling that all cars should be this exciting.

On joining the A12 I headed back to Halesworth which was uneventful but served to illustrate that on a smoother road the ride although firm (as expected with this car) was comfortable enough for your passengers to live with assuming they may not be petrol heads.

The six speed gearbox is a delight once you have become accustomed to it (I normally drive automatics these days) and you can drive in fifth gear in a 30 mile limit although it is best not to. Sixth gear is ok for 40 mile an hour plus. The throttle response is so strong in any gear that gear changes are not always required. But put the car in the right gear and its "hold onto your steering wheel and get ready to lift off " before you run out of road. In inexperienced hands this car could give one a fright or worse , but as I said earlier, this is a car for the enthusiast, not a novice driver. 300 horsepower on tap needs to be handled responsibly.

Given the last point, the car reminded me of my experience with a Ford Escort Mexico. Some 10000 of these cars were made at Ford AVO's plant at Dagenham following its success at the Mexico world rally event. I was 24 at the time and had to wait until I was 27 before my insurance company would insure me. I loved that car and drove it like fury for 36,000 miles and then sold it. Now I am kicking myself as good examples are fetching £30,000! (The original price was £1760: an ordinary Escort was only about £800).

My point is, the Subaru WRX STI is a car that excites and will light your fire if you love driving. If you are an enthusiast and have saloon car money, then do yourself a favour and get yourself down to Hammonds Subaru and arrange a test drive. You certainly won't regret it and you will no longer need to dream about supercars as this car is definitely in that league.

My sincere thanks to Messrs Hammonds, Subaru, Norwich Road, Halesworth, for loaning the car. I really enjoyed my day! Now I wonder if one will fit in my garage.

By your Motoring Correspondent

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Terry Rose
Property maintenance
painting /paper hanging
Small building works
terryrose505@msn.com
Duke House
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IP19 8 NN

AND ANOTHER THING ...

Who are the best drivers nowadays? I've heard so much about older drivers being sooo slow and therefore dangerous. But a recent television programme showed (after comparing only one elderly driver, one middle-aged driver and one young driver) that an older[#] person's slower reactions were compensated by slower driving; and general statistics also showed that older drivers were generally safer and had fewer accidents. The sad thing is that whenever I'm stuck behind a slow driver, and see that they have grey hair when I pass them, I always think "Huh, another oldie – it's people like them who cause accidents".

And pedestrians too, especially in car parks. They don't look when they cross the road, they walk behind reversing vehicles, they concentrate on talking to each other rather than looking out for traffic (or looking after their toddlers or small children). Backing out of a space in Halesworth Middle Car Park recently, I was looking out one way, my passenger was looking the other, and *still* I almost knocked down a pedestrian. And it's not only pedestrians: driving into the Middle Car Park one morning I was faced by someone driving out against the arrows on the road, who made an unnecessary gesture at me as he squeezed past. But I suppose that I'm guilty too: when I'm on foot I behave like a pedestrian and when I'm driving I behave almost (but not quite) like Mr Toad.

And why is the Government trying to make life more difficult for "junior" hospital doctors. These are doctors *in training*, who we all know are busy and work long hours; four in-patient sessions in hospital in 2014 showed me how busy they are, night and day *and* weekends, and how they are being taught continuously on the wards by more senior doctors and by senior nurses. They also need time to study, to learn from published material whether printed or electronic. And the Government expects them to work longer hours; wants to effectively cut their pay; and has imposed a new deal on them, without the support of the NHS managers who *allegedly* supported the new deal ... (Of course, this may all be settled by the time you read this – but I needed to get it off my chest.)

We won't go into the problem of litter on our streets. There's clearly someone who drives through Holton village and throws their lager can (or bottle) into the hedge on many days in the week. And I'm sure it's all covered elsewhere for the Great Holton Litter Pick on Saturday 5th March.

And we won't mention The Weather either. Frost yesterday and today, but expected to be warmer (11°) by the weekend. And there's something you can't blame the Government for!

Grumpy Old Man

Would you believe that Angela Ripon, former newsreader with wonderful but usually unseen legs, is an Older Person? I didn't either.

EASTER QUOTE

All I really need is love, but a little chocolate now and then doesn't hurt!

Lucy Van Pelt, In *Peanuts* by Charles M. Schulz

SAVE TIME AND MONEY:

BUY YOUR HEATING OIL THROUGH A COMMUNITY BULK BUYING SCHEME

Community Action Suffolk (CAS) can save domestic households an average yearly saving of £74 on heating oil, and higher volume users such as community groups and rural businesses, an average yearly saving of £181. The heating oil is purchased in bulk twice a month (once in December) and deliveries are planned to provide an environmental benefit, with one tanker making a single trip to several customers in a village on the same day. Individual orders can also be made if a bulk deadline is missed. The scheme provides a hassle free process and membership is open to all, starting at just £20 per year with the option to place orders online, by email, by post or by phone.

Visit www.communitybuying.org.uk or call 01473 345400 for details.

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OPENING TIMES

Mon-Sat 9am - 5pm

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Telephone: 01986 873045



WHAT'S ON AT HALESWORTH LIBRARY

Why not beat the winter blues and come down to the library where there is always so much to do! Coming up soon we have some very special events.

Put a note in your diary for Saturday 12th March, when we welcome back the wonderful team from Kinetic Adventure, with their POP UP PLANETARIUM for all the family! There are a number of sessions running throughout the day, please ask staff nearer the time about times and prices.

Also on 13th March: Book Wizards Wanted – Are you aged 7 – 13? Love reading? Why not become a Book Wizard with us? The next session due on 13th March at 11.30, then every four weeks. Bring along your favourite book and everything else will magically become apparent. This is a free event but booking is essential. On the same day we have the wonderful Lego club. Why not come along and build with friends and take inspiration.

Are you the parent of a future author? The Young Writer's group run by Annaliese Matheron in Halesworth Library, helps your child unleash their creative side in a fun way and build their writing confidence. The course is for ages approximately 8-13 years. Cost is £15 per 5 sessions. Or are you the budding writer? Annaliese also runs Halesworth Wordsmiths for adults. Junior Wordsmiths meet alternate Fridays 4.00-5.30 and Halesworth Wordsmiths every Friday from 6 pm till 7:30 pm.

To reserve your place, please contact Annaliese - 07885 607374 or halesworthwordsmiths@gmail.com and for more information visit:

www.halesworthwordsmiths.moonfruit.com.

Every Sunday we have craft activities and stories for children between 12.00 and 2.30pm. Please drop in and join in the fun – all ages welcome, and it's free!

On a Tuesday we have a Baby Bounce and Tot Rock session for babies/toddlers and their parents/carers 10am-11am. Come and join us.

Come and join in our "Board Games" afternoons. The next session is on Monday 7th March 1.30pm – 4.00pm and we have another one planned for Monday 4th April. Even more games to choose from. Play an old favourite or discover a new one. Bring a friend or come on your own and make new friends. One thing you can be sure of, everyone present will really enjoy playing games. Donation to Library Friends - £1.50 (includes a raffle ticket and refreshments).

Knit & Natter, Stitch & Chatter. Every 1st & 3rd Tuesday afternoon of every month between, 2 – 4 pm. Refreshments available. Please come and join us.

Time Out sessions run every Wednesday from 10.30-12.00, why not come along and meet this friendly and relaxed group and a great place to meet new people. 2nd March. Come along and cheer up the library with songs and poems celebrating the end of winter. 9th March. You may have noticed adult colouring books in the shops at the moment? Come along and rediscover the gentle art of colouring! 16th March - the ever popular Irene's Allsorts. 23rd March - Book Group. Now is your chance to find out more about Halesworth and the surrounding area including East Anglian Privvies! 30th March - Collecting things. Janet Huckle will be showing us her pencil collection. Have you collected things over the years? Why not bring them in for the

group to see. Many thanks to all for contributing to our sessions and making this such a wonderful group.

Have a bit of fun and support the library. Collect a copy of our library quiz, just 50p! Answers for last month's quiz on display in the library now.

Are you creative? Perhaps you are an artist who wants to showcase your work? Why not promote your work in our window gallery area. The space overlooks the street and is a well-lit, locked and secure place, so if you have work you wish to sell please contact a member of staff. There is a small fee/commission for this.

Does your business/workshop/event need publicity? Our display case in the window faces the Thoroughfare. For just £5 per calendar month for a double-sided A4 poster.

Is there a writer struggling to get out?! Don't know where to start? Written before but feeling rusty? Local writer / publisher Tom Corbett is running two creative writing groups in the library every Monday 10.30am-12.00pm and on Tuesday evenings from 6.30pm-9pm at Bridge House. This eight-week rolling programme includes both poetry and prose; for more information contact Tom on 07831264021.

We launched our new iPad lending service in July. If you have been a member for over 6 months and are interested in borrowing one, then ask a member of staff. Our Laptop and iPad sessions on Wednesday afternoons: iPad from 2pm-3pm, laptop 3.15pm-4.15pm. £5 per session. Places must be booked. There is also a possibility of one to one sessions at £15 per hour. Please let staff know if you're interested.

In need of exercise? Are you living with pain or joint stiffness? If so, our fitness classes may help. On Thursdays the NHS Exercise Referral Scheme runs classes for all abilities in the library:- 9.30am-10.30am & 11-am -12pm I-Move Freely – a gentle mobility and stretches exercise class ideal for those living with chronic or niggling pain. Full instruction given by qualified Physical Activity instructor Kate Eastwood. Just £3 a session. Please book at the library.

A representative from Age UK will be present in the library on the 1st and last Wednesday of the month between 10.30-12pm. If you need some help or information and don't know where to look then please pop in. If you just need to chat that's okay too.

On the 2nd Saturday of the month between 10 – 11am your local district councillor holds a surgery.

The library offers A4 and A3 colour printing, now only 30p for a colour print, laminating, scanning, fax and photocopying facilities. We have internet access, the use of Microsoft Office 2013 with print facility, Skype and free WiFi. We also hold local tourist information, rail and bus timetables, plus much more.

We look forward to seeing you soon or call us on: 01986 875095 or e-mail halesworth.library@suffolklibraries.co.uk.

You can also visit our website at:

www.suffolklibraries.co.uk.

You will find additional features such as Freegal – free music downloads; Overdrive providing e-books and BorrowBox providing audio books for downloading! Zinio for libraries enables you to download and read the latest editions of a selection of top UK magazines. No limits and you can keep them as long as you need. All FREE. You can also follow us on Facebook and Twitter.

Finally, we are always looking for ways to raise money for this wonderful library and would love it if you could let us have any of your new and sellable, but unwanted Christmas gifts, which we will be selling at a table top sale during the year.

HOLTON AND BLYFORD VILLAGE HALL TOTE WINNERS

Result of the draw on 12 January was as follows:

1st No. 114	Fred Fisher	£25
2nd No. 92	Mr & Mrs B Ellis	£10
3rd No. 74	Daisy Hammond	£5
4th No. 1	Jane Whatrup	£5

Result of the draw on 9 February was as follows:

1st No. 160	Phil Stevens	£25
2nd No. 119	Erika Wilkin	£10
3rd No. 90	Helen George	£5
4th No. 146	Lee Wadey	£5

New members are always welcome. Please contact Helen Fensom on 01986 873575 for further details.

CINEMA @ THE CUT

All films start at 7.30pm unless otherwise shown

PROGRAMME

MARCH

Wed 2nd	Mia Madre (15)
Wed 9th	The Wolfpack (15)
Wed 16th	Mr Holmes (PG)
Wed 23rd	Suffragette (12A)
Wed 30th	Big Eyes (12A)

APRIL

Wed 6th	99 Homes (15)
Wed 20th	The Sheltering Sky (15)
Wed 27th	Lady in the Van (12A)

SOUTHWOLD DECORATIVE AND FINE ARTS SOCIETY

The season is continuing with the following lectures:

Tuesday 8th March: Still Life: a history. Lecturer: Alik Braine.

Tuesday 12th April: All Singing All Dancing Shakespeare: Shakespeare's Fortunes on the Lyric Stage. Lecturer: Sarah Lenton.

Lectures are held in St Edmund's Hall, Southwold at 2pm and visitors are welcome. Membership of the society is also available, please contact me on 01986 874000 or email admin@southwoldfas.co.uk.

Anne Holland
Membership Secretary

RECIPE

EASTER HOT CROSS BUNS

Soft, warm hot cross buns are a must for any Easter Sunday! These delicious buns have fragrant and fruity orange and lemon zest in addition to the currants for a delightful citrus flavour.

Ingredients:

500g strong bread flour

1 teaspoon salt

75g caster sugar

300ml milk

55g butter

1 (7g) sachet active dried yeast

1 egg, lightly beaten

50g currants or sultanas

2 tablespoons orange zest

2 tablespoons lemon zest

1/2 teaspoon ground cinnamon

1/4 teaspoon ground nutmeg

2 tablespoons sugar

For the cross and glaze

50g plain flour

2 to 3 tablespoons water

2 tablespoons apricot jam, warmed

Method

1. Preheat the oven to 200 C / Gas 6.
2. In a mixing bowl, combine the flour, salt and caster sugar. Pour the milk into a saucepan and bring to the boil over a high heat, remove from the heat and stir in the butter until melted; allow to cool.
3. Make a well in the centre of the flour and pour in the milk. Sprinkle in the yeast and allow to rest for 2 to 3 minutes until small bubbles appear. Add the egg then bring everything together into a dough using a wooden spoon.
4. Turn out onto a lightly floured work surface and knead for 5 minutes, stretching and rolling the dough over upon itself to create air pockets until elastic. Place in a lightly oiled bowl, cover with an oiled sheet of cling film to prevent a crust forming then place in a warm area and allow to prove for 1 hour, until doubled in size.
5. Once proved, add the currants, zest, spices and sugar. Mix well then knead on a lightly floured surface for 5 to 7 minutes until everything is well incorporated. Place back in the oiled bowl to prove for a further hour in a warm place.
6. Form into 12 buns and place on a lightly greased baking tray.
7. For the cross and glaze: combine the flour and water to form a thick paste, add a little more or less water to get the consistency right for piping, the mixture should not be runny. Transfer to a piping bag, or small freezer bag with a small hole cut out at the corner then carefully pipe a cross onto each of the buns.
8. Bake in the preheated oven for 20 to 25 minutes until risen and golden brown. Remove from the oven and transfer to a cooling rack. While still warm, brush with the apricot jam. Serve warm or allow to cool before enjoying.

Jackie Watts

USEFUL INFORMATION AND CONTACTS



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 Halesworth, IP19 8PH

**DEADLINE DATE FOR THE NEXT ISSUE IS:
 Monday 18th April 2016**



REGULAR ACTIVITIES AT THE VILLAGE HALL

Erin Murphy Dance Classes	Mondays 7.30-8.30pm
Art Group	4th Tuesday, 2 - 5pm, except July, August and December
Badminton Club	Tuesdays 7.30 - 9.30pm
U3A	3rd Tuesday in the month 2 - 4pm
Fear Naught Boot Camp	Monday, Wednesday, Friday evening 6.30 - 7.30pm
Term time only	
Pre-School	Monday 8.15-3.45pm Tuesday 8.15-12.45pm Wednesday 8.15-3.45pm Friday 8.15-3.45pm

*The Village Hall is also available for private functions and is licensed for the sale of alcohol.
 Please contact the Letting Officer,
 Alison Cackett tel: 01986 874442 or email:
holtonandblyfordvillagehall@hotmail.com*

HOLTON B&Bs

Gavelcroft	01986 873117 gavelcroft@gmail.com
The Lord Nelson Inn	01986 835734 info@thelordnelsonholton.co.uk
Valley Farm	01986 874521 mail@valleyfarmholton.co.uk

LOCAL SERVICES	
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Holton Road Garden Centre	01986 872761
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Taxi – Ginge	01986 874028
Cundy’s Dairy	01986 892428

OTHER USEFUL LOCAL NUMBERS	
Doctor’s Surgery	01986 874618
NHS (non-emergency)	111
Police (non-emergency)	101
Waveney District Council	01502 562111
– Halesworth Local Office	01986 873162



MOBILE LIBRARY TIMETABLE

Greenbank	1345-1405
Lower Park Walk	1410-1425
Valley Close	1430-1450

Calling every 4 weeks on Fridays 4 Mar and 1 Apr.

MINOR INJURIES UNITS

When you have a minor injury but don’t need to go to A&E, use the Minor Injuries Units instead.

Minor injuries include minor cuts, burns, sprains, grazes, foreign objects in eyes, nose or ears, bites, stings and minor head injuries. Minor illnesses are not treated at Minor Injuries Units.

Minor injury services are run by experienced emergency nurses at:

Cutlers Hill Surgery, Bungay Road, Halesworth
 Open from : 8:30 am to 6:00 pm, Monday to Friday
 (not Bank Holidays)
Tel: 01986 874618

Beccles Hospital, St Mary’s Road, Beccles
 Open from : 8:00 am to 8:00 pm every day
Tel: 01502 719820