



The Holton Post

January/February 2015

Issue No 80

YOUR VILLAGE NEWSLETTER

Happy New Year! Hasn't the year flown by? Christmas has long gone, term is starting again and we shall soon notice the days getting longer again.

Many of you will have seen the item on BBC1's 'Look East' on Remembrance Day in which Holton School was filmed with its field of poppies. What a lovely idea that was and there is a full report with pictures on page 2 of this issue. Don't forget the photos can be viewed in colour on our website - www.holtonpost.co.uk

HOLTON POST ANNUAL GENERAL MEETING

The Holton Post held its AGM on Thursday 4th December in The Lord Nelson once again. The Chairman, Maritza Simpson opened the meeting by welcoming everyone including Geoff and Alison Cackett from Holton Parish Council. Copies of the accounts were submitted in which it could be seen that the income was significantly down on previous years. However it was explained that this was due to the fact that the grants from both Holton and Blyford Parish Councils had not arrived before the end of the financial year. So the total income should have been £870 rather than the £570 shown.

All the committee agreed to continue for another year and have invited either Geoff or Alison Cackett to attend meetings as the Parish Council representatives so that they can update us with any information available.

Although there are currently enough people delivering the paper, extra helpers are always welcome to cover absence. If you feel able to lend a hand, please contact Jim or Jackie Watts on 01986 835752.

BEER AND CAROLS AT THE LORD NELSON

On the 18th December the now annual Beer and Carols was held at The Lord Nelson. The pub was packed with people and everyone had a great time. Thanks to Rev Liz Cannon, and Organist Jason Busby for leading the singing.



HOLTON AND BLYFORD VILLAGE HALL

November's meeting discussed the merit of continuing the discounted hire figure of £16 per hour into 2015. I am pleased to announce that meeting resolved to continue with the £16 per hour figure for the next 6 months. The figure applies to any hour between 8.00 am and midnight. If you should be interested in hiring the hall Maxine Ellis, Lettings Officer, would be pleased to hear from you. Telephone 01986 875847.

Regrettably our clarion call for volunteers to come forward to replace retiring Committee members fell on stony ground. Thus the future of the Hall will be discussed at the AGM in July 2015.

On a more upbeat note, recently we have had several enquiries from potential long term hirers which, if they should come to fruition, will result in an improvement in the hall's financial position. Whilst on the subject of finance, the Committee would like to thank the Parish Council for its generous grant towards its expenses.

Notice of the next Annual General Meeting will be given in good time to allow residents of Holton and Blyford to attend and make their views known as to their wishes for the future of the hall. Happy New Year to all residents.

Geoff Cackett

HOLTON CHRISTMAS TREE

Bill and Maxine Ellis again displayed a lovely Christmas tree in the village. They regularly display the Christmas tree in their front garden for the benefit of the village. It was, as always, beautifully decorated and lit and our thanks go to them both for brightening up the village during the festive period.



TREASURER WANTED

TREASURER required for St Peter's Church, to maintain accounts and advise the Parochial Church Council, from April 2015.

Job description and further information available from: John Hewlett,

West Lodge, Lodge Road, Holton IP19 8NE

Tel: 01986 875912

Email: jf.hewlett@virgin.net

HOLTON PARISH COUNCIL
MINUTES OF THE PARISH COUNCIL
MEETING HELD ON WEDNESDAY 6TH
NOVEMBER 2013

PRESENT: Councillors D Fosdike (Chair), M Hart, R Stephenson, D Davis, G Cackett, M Jones, N Kerridge.

Cllr A Cackett (WDC), Cllr T Goldson (SCC).

MINUTES OF THE LAST MEETING

Minutes of meeting held on Wednesday 3rd September 2014 was approved, all in favour.

PLAY AREA – Update

There is an area of fencing which requires attention as the bank is being eroded

REVIEW OF FINANCIAL REGS, CODE OF CONDUCT AND STANDING ORDERS

It was agreed that the draft documents would be circulated in the folder, and returned to the Clerk with any amendments which will be discussed with the Chair and to be agreed at the next meeting.

PLANNING DECISIONS/APPLICATIONS

APPLICATIONS

DC/14/3113/FUL – Bernard Matthews, Holton.

Construction of a temporary L-shaped building wrapped around existing building that will be used to store plastic trays. *No objections.*

DC/14/3234/FUL – Construction of a house, Cedar Lodge, Sandy Lane. *No objections subject to neighbours comments.*

GRANTED

DC/14/2757/LBC – Montague House, Sandy Lane

DC/14/2398/PN3 – Holton Orchard, The Street

GRANTS

The following were approved:

Holton & Blyford Village Hall - £500 for new litter bin

Friends of Halesworth Library - £250

Holton Post - £200

Suffolk Age UK - £100

Holton St Peter Community Primary School - £250

Air Ambulance - £200

REPORTS:

VILLAGE HALL

Geoff Cackett advised that all was running well at present, although lettings were down and regular hirers have reduced dramatically. There are concerns regarding the future of the hall as no-one has come forward to replace the members of the Committee who are standing down at the next AGM.

ALISON CACKETT (WDC)

Busy as usual, main item is that Pre-Planning application visits and advice may now be charged, so beware when advising parishioners.

DATE OF NEXT MEETING

The next meeting will be held on **Wednesday 14th January 2015** in the Village Hall at 7.30pm.

Alison Cackett
Clerk to Holton Parish Council

HOLTON REMEMBRANCE SERVICE

On Tuesday 11th November at 10.45am a sizeable crowd gathered on the school field for a service of remembrance to remember those fallen in battle. After a welcome from Mrs Righton, Rev Liz Cannon led the service which included a moving recital from Kestrels as well as Mr Holt playing the last post and reveille. 19 poppies were planted by pupils or descendants of the 19 men listed on the First World War memorial in Holton Churchyard.



Many thanks to all who attended and joined the school for refreshments afterwards. Following the service, poppies were available to purchase for a donation and to date £200 has been raised for Scotty's Little Soldiers – a local charity raising funds for children of fallen servicemen and women. The school was delighted to be featured on that evening's Look East on BBC1 and the poppies looked magnificent.

Alison Hyden

DISTRICT EYE VIEW

Dear All

I hope you all had a very merry Christmas and have a Happy New Year.

Cllr Alison Cackett

GARY ROBINSON
MOTOR ENGINEERS

Unit 1, High Trees Farm, HOLTON, HALESWORTH

Telephone: Halesworth 875452
(mobile 0789 5337096)

Est. 1985

- Servicing • Repairs
- Timing Belts Fitted
- All makes - Petrol or Diesel
 - Pre MOT checks
- Preparation for and submission to MOT Tests
 - Welding Repairs
 - Clutches Fitted
 - Classic Cars
- Free collection & delivery in the Halesworth area

HOLTON SCHOOL NEWS

Pupils and staff have had an amazing half-term with all pupils really challenging themselves and making good progress. We have welcomed Miss Willis and Mrs Fenn as new teaching assistants this half-term who are helping support teachers in KS1.

The new curriculum has been introduced in the school since September and all staff are challenging the pupils to meet the needs of the new curriculum.

Our first 2 day residential for Years 3 and 4 took place at the beginning of November. This was led by Mr Holt and supported by Miss Chittock and Mrs Wilby. The children all learned to work as a team, developed their communication skills and learned how to take risks. This experience has had a very positive impact on their learning in the classroom.

October saw the launch of the new Friends of Holton and thank you to all those in the community who have come along to the various meetings. One event that has been organised for January is a Beetle Drive to be held in the school hall on Saturday 31st January from 5.00pm. Play will start at 5.30pm for 45 minutes followed by a break for refreshments before a second playing session. It is envisaged the event will finish at approximately 7.30pm. This will be a whole family/community event but numbers will be limited so look out for posters advertising this nearer the time and contact the school to reserve a space.

Fundraising so far this term has been incredible with approximately £400 being raised from the jumble sale and a similar amount from the metal collection. There was also a cake stall in the Thoroughfare which raised over £300. Many thanks to everyone who supported any of these events in any way. It has been decided that Friends will pay for the whole school to attend Cinderella at the Cut in January to give all pupils the chance of seeing a live stage performance.

Future open meetings of Friends of Holton will be held on Tuesday 10th February at 2.00pm and Thursday 19th March at 6.00pm. It is hoped by holding meetings



at different times that this may make it possible for more members of the community to attend so please come along and join us.

Holton School choir performed at the Halesworth Christmas Light switch on at the end of November and performed brilliantly outside the library accompanied by Mr Holt on the keyboard.



KS1 Christmas performances of 'Midwife in Crisis' took place towards the end of term, both performances were well attended and may thanks to all the staff who helped with the shows in any way.



In the last week of term Christmas lunch was held on the Wednesday and was enjoyed by everyone. The following day Father Christmas visited the Christmas parties and brought along gifts for all the pupils.

If you want to know more about the school or see photos of recent events please visit the website at

www.holton-st-peter.suffolk.sch.uk

Alison Hyden

THANK YOU

Pupils, staff and governors at Holton St Peter CP School would like to thank Mr and Mrs Stephenson of Woodside Farm for kindly donating a Christmas tree for the school hall.



1st Cut Tree Services

All aspects of treework

- Tree Surgery
- Dismantling & Felling
- Precision Felling
- Crown Reduction & Thinning
- Stump Grinding
- Fully Insured
- Free Quotations
- Land Clearance

Tel: 01986 798977
www.1stcut.net



MARKET FIELDS

FARM SHOP

AT

HOLTON ROAD GARDEN CENTRE

- FROZEN VEGETABLES, FRUITS AND READY MEALS FROM FIELDFARE
- FROZEN FISH FROM WORLD OF FISH OF LOWESTOFT
- LOCAL HOMEMADE CAKES

Special offers on Beers and Wines!

- FRESH FRUIT & VEGETABLES
- FRESH & FROZEN MEAT FROM CLARKE BUTCHERS, BRAMFIELD
- 25 kg sacks of Potatoes
- Logs & Coal

OPEN 7 DAYS A WEEK
EASY PARKING & LOADING

BLYFORD AND SOTHERTON

PARISH COUNCIL

MINUTES OF A MEETING HELD ON MONDAY 3RD NOVEMBER 2014

PRESENT: Councillors G Walker (Chair), R Parry, B Martin, P Traube, M Jackson, S Macdonald and Cllr A Cackett (WDC), PCSO

APOLOGIES – Cllr T Goldson (SCC), Cllr L Cayley

MINUTES OF THE MEETING HELD ON: Monday 8th September 2014 approved – all in favour.

REVIEW OF CODE OF CONDUCT, FINANCIAL REGS, STANDING ORDERS

Agreed that draft copies of Financial Regulation and Standing Orders will be circulated for the next meeting and all members to advise Clerk if there are issues.

TEMPORARY VEHICLE ACTIVATED SIGNS

It was agreed that there would be one to be considered just past Ivy Farm, Blyford Road in the lane. A meeting with Mark Kerridge to discuss positions, latitude etc would be arranged. There was some discussion regarding costs and it was agreed that a formal notification of cost was required in order that the Council were able to assess fully if it was within their cost remit.

PLANNING DECISIONS/APPLICATIONS – None

GRANTS The following grants were approved:

Holton Post - £100

Halesworth Volunteer Centre - £50

Friends of Halesworth County Library - £100

Holton & Blyford Village Hall - £100

Holton St Peter Primary School -£150

REPORTS – Cllr Cackett (WDC) - Advised regarding Patrick Stead also Speeding issues.

Police – No crimes in the last quarter for this year or last. Currently Blyford Road is a priority for speeding by Safer Neighbourhood Team

DATE OF NEXT MEETING – to be advised.

Alison Cackett

Clerk to Blyford and Sotherton Parish Council

CHURCH SERVICES

BLYFORD ALL SAINTS

January 11th - 9.30 am -Morning Worship

January 25th - 9.30am - Eucharist

BLYFORD CHRISTMAS EVENT

Beer and Carols were held at The Queens Head, Blyford on December 18th and a Raffle was held to raise funds for Blyford Church. £85 was raised. A great evening was had by all. Thanks very much to Sean and his wife for holding this evening and for all their fund raising efforts over the past year from all at All Saints, Blyford.

HOLTON IN THE FIRST WORLD WAR

HERBERT AND FREDERICK BAKER

You may remember the article about the 1914 Holton School Christmas Concert in the last issue in which Herbert Baker sang a solo. Well Sally Page and her brother, whose grandmother was Herbert's sister, have kindly let us print this photo of him as a choirboy.

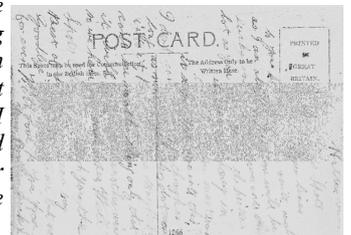


Herbert's brother Frederick was a soldier during the First World War, firstly with the Suffolk Regiment and then the Northumberland Fusiliers. Below is a copy of a postcard sent by Frederick (known as Dick by his family) to his brother Herbert (called Spots) during the war which the family have also lent us. There is no date or place where it was written and it is not easy to read, but it is very poignant as Frederick was killed in February 1918 in France and his name is on the Holton War Memorial.

Anne Holland

The text reads:

Dear Old Spots, Just a few lines to you hoping you are quite well as I am alright, I hope you will be lucky enough not to come into this lot. As you will see by the picture it isn't all honey in this life so you must work it so you don't come into this. I don't care what I go through as long as none of you others come into it. Picker told me tonight he can't see no other thing only that it will go through another winter so we have got some hopes. Well Spots Old Boy I wish you the Best of Luck and must now say Goodbye to you for a time but not for ever. With love to you from your Brother Dick.



Queen's Head,
Blyford

www.queensheadblyford.co.uk

WEDNESDAY EVENINGS - Curry night.

Main meal and drink £10

FRIDAY NIGHTS -

Take away Fish & Chips - £7.95

Reassuringly Pubby

Shaun and Lauren Doig

01502 478404

Southwold Road, Blyford,

Nr Halesworth, Suffolk IP19 9JY



ST PETER'S CHURCH, HOLTON



CHURCH SERVICES

JANUARY

4th January 9.30am Team Eucharist at St Mary's Church, Halesworth
6.30pm Evening Prayer

11th January 11.15am Eucharist
6.30pm Team Evensong

18th January 11.15am Iona Morning Service

25th January 11.15am Eucharist

FEBRUARY

1st February EPIPHANY
9.30am Team Eucharist at St Mary's Church, Halesworth
6.30pm Evening Prayer

8th February 11.15am Eucharist

15th February 11.15am Iona Morning Service

22nd February 11.15am Eucharist

Please be aware that services may change, if in doubt please check in 'Team Times' or on the Church Porch notice boards.

Work parties take place in Holton Churchyard on the 3rd Saturday of the month from 10am - 1pm. If you can help contact Jim Watts:- 01986 835752



HOLTON ANIMAL FEEDS



Feed for chickens, goats, sheep, horses, birds, dogs, cats, fish and small animals.

Dog food including:

BURNS, JAMES WELBELOVED, ARDEN GRANGE, BETA, ROYAL CANIN, SKINNERS, WAGG, SUPADOG & CHUDLEY'S

Dog, cat and small animal accessories - everything you need for your pets under one roof

MONTHLY SPECIAL OFFERS

Layer pellets/mash £8.50, Mixed Corn £7.00 - 20 kg

Bags of Hay & Straw, also bales.

Animal bedding and large range of wild bird feeds.

Hydrosoft Salt Tablets £6.29 for 25kg.

Salt blocks £4.50 per pack.

OPENING TIMES

Mon-Sat 9am - 5pm

NOW AT: Mandafield,

Sparrowhawk Road, Upper Holton, Halesworth IP19 8NH

Telephone: 01986 873045



CHURCH NEWS AND EVENTS

A HAPPY NEW YEAR TO YOU ALL FROM ST PETER'S CHURCH!

POP-IN PARLOUR

YOU are invited to our first Pop-In Parlour of 2015 on Friday 9th January at 12 noon till 1.30pm in St Peter's Room.

Come and join us for a bowl (or two) of hearty soup, bread, cheese and pickle/chutney and, of course tea or coffee for the grand sum of £3 each. If you are a regular you will notice that the price has gone up, but hopefully that will not put you off coming. Although Pop-In Parlour is not primarily a fund raising event we do raise money for St Peter's Church and various charities, due mainly to the generosity of our soup makers who donate the fruits or should I say soups of their labours.

In February we will be back to the first Friday in the month which is the **6th February**, same time, same place, so come and join us.

TEAM EVENSONG

If you have looked closely at the services we are due to have at St Peter's you will have noticed that we have two evening services in January. The first on the 5th January, is our usual service of Evening Prayer, which is sometimes a sung service and sometimes not depending on who is taking the service and who is playing. On the 11th January we will be having Choral Evensong when the Team Choir will be leading the sung part of the service, so if you like a traditional evening service do come along. And if you don't know whether you like it or not come and join with us in this time of worship.

CHRISTMAS FAIR

Well, what can I say! We had a fabulous morning and hope you did too. The atmosphere in the village hall was great, everyone was cheerful and the stalls did a roaring trade. Thanks to all of you who came we raised a staggering £1300 plus for St Peter's Church. This is a great help towards the running costs of our beautiful but ancient church.

HALESWORTH COMMUNITY NURSING CARE FUND

Dot Booley has done it again! Thank you Dot for holding your lovely coffee morning in December which raised a wonderful £360 for the HCNCF. And thank you to all who came, especially to the ladies who came all the way from Attleborough to eat cake, drink coffee, buy raffle tickets and contribute to this local charity.



FAIRTRADE FORTNIGHT Is COMING

Fairtrade Fortnight 2015, 23 February–8 March, will celebrate the power of everyday choices by telling the other half of a product's story – the producer's – to show the difference Fairtrade makes.

Over the past 20 years, the FAIRTRADE mark has become the best known ethical label in the UK. The Fairtrade movement has generated significant economic benefits for farmers and workers around the world, from cocoa growers in Ghana to sugar farmers in Belize. In 2015, the Fairtrade Foundation wants to see more people choosing products that change lives – so that greater impact can be achieved over the next 20 years and beyond.

From UK sales alone, £26m of Fairtrade Premium was invested by producers in 2013. But we know there is still a long way to go to make all trade fair – just 1.2% of cocoa and less than 10% of tea globally is traded on Fairtrade terms.

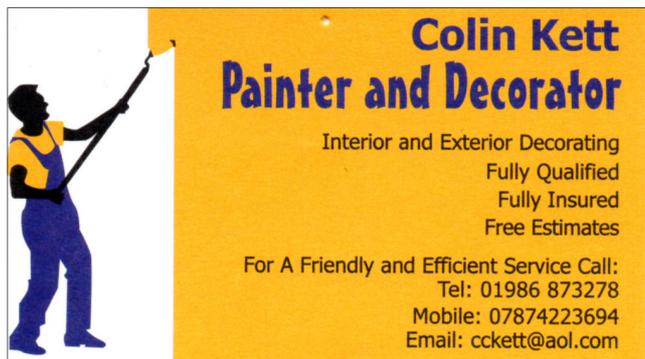
70% of the world's food is produced by 500 million smallholder farmers yet many of them can't feed their families. And many farmers who are part of the Fairtrade system are still not selling all their produce as Fairtrade to work their way out of real poverty. For example, tea growers are selling less than 10% of total production as Fairtrade.

So Fairtrade Fortnight 2015 will turn the spotlight on the farmers and workers who grow our favourite food, and share their compelling stories, to remind everyone of the dramatic difference Fairtrade makes and why it is still needed.

It will focus on cocoa, tea and sugar – in new case studies, a brand new short film and a marketing campaign. Consumers will be asked to make the connection between them brewing a cup of tea and a farmer's son being able to attend school as a result – and learn how their individual shopping choices can affect the lives of others.

Locally in Halesworth, we can find fairly traded goods in the Co-op, Focus Foods and "Sign of the Fish" (in the market square). The latter is where you will find the fair-trade dried fruit and marmalade for the tea bread recipe in the next column - if it is not in the other shops.

Jackie Watts



Colin Kett
Painter and Decorator

Interior and Exterior Decorating
Fully Qualified
Fully Insured
Free Estimates

For A Friendly and Efficient Service Call:
Tel: 01986 873278
Mobile: 07874223694
Email: cckett@aol.com

RECIPE TEA BREAD

Ingredients

- 225g (8oz) sultanas*
- 225g (8oz) currants*
- 225g (8oz) sugar*
- 1 cup cold tea*
- 1 egg
- 2 tbsp marmalade*
- 450g (1lb) self-raising flour

Method

Soak the fruit and the sugar in the tea overnight.
The next day:

1. Preheat the oven to Gas mark 4/180°C/350°F.
2. Grease 2 x 500g (1lb) loaf tins or use liners.
3. Add the beaten egg, marmalade and flour to the soaked fruit mixture.
4. Divide the mixture between the two tins.
5. Bake on the bottom shelf of the oven for about 1½ hours.
6. When cooked, a skewer inserted in the centre of the loaves should come out clean.
7. Cool on a wire rack and once cold, store in an airtight tin.

Of course, the loaf can be eaten straightaway but the flavour improves with keeping for a couple of days before eating. It also freezes extremely well.

* These products are all available as Fairtrade so look for the FAIRTRADE Mark when you shop.



Variations

Instead of sultanas and currants you could use 450g (1lb) of Fairtrade mixed dried fruit. You could also add 1 tsp mixed spice to the flour a different flavour.

Holton Trading Post and J.A.K. Furniture Services

- ❖ We have a 1000ft² showroom of furniture,
- ❖ We buy and sell second-hand and country furniture,
 - ❖ Undertake house and shed clearances,
 - ❖ Strip furniture and doors,
 - ❖ Repair and polish furniture,
 - ❖ Paint furniture and doors,
- ❖ We can also make furniture from reclaim and much more!

Come and have a look!

Units 9&10, The Old Airfield Site,
Holton, Halesworth IP19 8NH

Telephone Justin on:
01986 874277
or 07767 861401

Opening Times
Monday-Friday: 9am - 5.30pm
Saturday: 9am - 2pm



WHAT'S ON AT HALESWORTH LIBRARY

We would like to say a huge thank you to those who have given up their time to raise funds for The Friends of Halesworth Library and to all those who have supported our fundraising events during 2014. Let's hope 2015 is a happy, peaceful and healthy New Year for us all and your continued support would be most welcome.

Looking for a gift or card? We have local artists' cards, jewellery (new stock has just arrived) by Imogen and Ed Sheeran and several interesting local publications. Please come in and have a look.

Following on from our beginner's language courses, we will now be offering the following improvers courses: 'Spanish for Improvers' and 'Italian for Improvers' beginning Saturday 10th January 2015 for 10 weeks, 10am-12pm. for Spanish and 1.30pm-3.30pm for Italian. Cost £85.

Every Sunday there are fun and free activities for children between 12.00 and 2.30pm. Please just drop in and join in the fun. On a Tuesday we have a Baby Bounce and Tot Rock session for babies/toddlers and their parents/carers 10am-11am. Come and join us, its fun and free!

Knit & Natter, Stitch & Chatter. Every 1st & 3rd Tuesday afternoon of every month between, 2 – 4 pm. Refreshments available.

Every Wednesday, from 10.30-12.00, we have Time Out; a friendly, relaxed group and a great place to meet new friends. Wednesday 7th January – Jason Avery a local photographer will be joining us to tell us about his work with traditional, digital and infra-red photography. Wednesday 14th January – Interesting journeys. Getting from A to B. Wednesday 21st January – Photos – how we have changed. Wednesday 28th January – Bellydancing. A look at the history and health benefits and a chance to have a go.

Have a bit of fun and support the library, Collect a copy of our library quiz, just 50p! Answers for the November quiz on display in the library now.

Are you creative? Perhaps you are an artist who wants to showcase your work? Why not promote your work in our window gallery area. The space overlooks the street and is a well-lit, locked and secure place, so if you have work you wish to sell please contact a member of staff. There is a small fee/commission for this.

Does your business/workshop/event need publicity? Our display case in the window faces the Thoroughfare. For just £5 per calendar month for a double-sided A4 poster.

Is there a writer struggling to get out?! Don't know where to start? Written before but feeling rusty? Local writer / publisher Tom Corbett is running two creative writing groups in the library every Monday 10.30am-12.00pm and on Tuesday evenings from 6.30pm-9pm at Bridge House. This eight-week rolling programme includes both poetry and prose; for more information contact Tom on 07831264021.

Our laptop and iPad sessions on Wednesday afternoons are proving ever popular – if you would like to sign up do get in touch; iPad from 2pm to 3pm, laptop 3.15pm-4.15pm. £5 per session.

In need of exercise? Are you living with pain or joint stiffness? If so, our fitness classes may help. On Thursdays the NHS Exercise Referral Scheme runs classes for all abilities in the library:- 9.30am-10.30am I-Move Freely – a gentle mobility and stretches exercise class ideal for those living with chronic or niggling pain; 11am-12pm Nordic Walk – poles can be provided; 1pm – 2pm and 2pm-3pm I-Move Freely sessions. Full instruction given by qualified Physical Activity instructor Vincent Brown. Just £3 a session. Please book at the library.

We have a book group looking for more members. They meet on the 2nd Thursday evening of the month. If you would like to join us please contact Catherine Draper – catherinedraper@live.co.uk

Do you need careers advice? Help with a C.V.? An adviser from the National Careers service will be here on selected Wednesdays. Please pop in to the library to confirm dates and to make an appointment.

A representative from Age UK will be present in the library on the 1st and last Wednesday of the month between 10.30-12. If you need some help or information and don't know where to look then please pop in. If you just need to chat that's okay too.

On the 2nd Saturday of the month from 10-11am your local councillor holds a surgery and on the 4th Saturday your town councillor is here from 10-11a.m.

The library offers A4 and A3 colour printing, laminating, scanning, fax and photocopying facilities. We have internet access with print facility and free Wi-Fi. We also hold local tourist information, rail and bus timetables, plus much more.

Come and check out what your local library has to offer. We look forward to seeing you soon or call us on 01986 875095 or e-mail:

halesworth.library@suffolklibraries.co.uk

You can also visit our website at www.suffolklibraries.co.uk.

Alison Hopkins



C.W. Ellis
(Halesworth) Ltd
Purpose Made Joinery
Windows, all styles produced ✦ Doors
Stairs ✦ Conservatories ✦ Kitchens
Tel: 01986 875395

RED CROSS NEWS

SUCCESSFUL SUMMER OF FUNDRAISING

Thank you to everyone who helped with Red Cross Week and Open Gardens this year – we raised £32,000 which is a best ever result for the County and will enable us to help approximately 1300 vulnerable people in Suffolk.

RED CROSS - GET READY FOR WINTER

Here are some ideas to help prepare for winter.

Power cuts

Do you or someone you know need extra support during a power cut? Sign up for UK Power Network's priority service on 0800 783 8838, as they can help. They have a dedicated phone number, provide regular updates and, if necessary, will ask British Red Cross volunteers to visit.

What to have at home

How long could you last without power, heat, water and a trip to the shops? Take time now to put these essential items into a kit:

- list of emergency contact numbers
- battery operated torch and radio and spare batteries (or a wind-up torch / radio)
- any essential medication, some toiletries and a first aid kit
- three days' supply of bottled water and ready-to-eat food that won't spoil
- copies of important documents, such as insurance policies and birth certificates
- pencil, paper, penknife and whistle
- spare keys to your home and car
- spare glasses or contact lenses
- if needed, baby and pet supplies.
- alternative ways to keep warm if your home heating is disrupted.

USEFUL TELEPHONE NUMBERS

Red Cross Suffolk - general enquiries: 01284 767215

Mobility aid loans (wheelchairs, commodes etc.): 01284 727252

Support at home (short-term support for vulnerable people): 01473 702485

Support in emergencies (support in fires, floods, major incidents etc.): 01473 344924

Community first aid (first aid training for vulnerable people): 01473 344922

Event first aid (fetes, football etc. – charges apply): 01284 727242

Hand, arm and shoulder massage (therapeutic massage for vulnerable adults): 01603 253413

Refugee services (support for vulnerable refugees, including unaccompanied children): 01603 623041

If you would like me to talk to your local group about the work of the Red Cross (or for anything else) contact Jane Dow on 01284 727247 or janedow@redcross.org.uk

POLICE ISSUE DRIVING ADVICE

Officers are reminding motorists to take extra care on the roads as temperatures drop, potentially causing hazardous driving conditions.

The warning comes after police were called to a number of minor collisions across Norfolk and Suffolk this week.

Police were called to two incidents on the A143 at Haddiscoe Dam after two vehicles came off the road, with one ending up in a ditch. They were also called to the A145 at Weston, near Beccles, after a car went into a ditch.

Police are reminding drivers to take precautions and ensure that your journey is safe by following some simple advice:

- Make sure all your car lights are working and you have no failed bulbs. Ensure that dirt is cleared away from light fixtures.
- Always ensure all windows are fully cleared of frost and condensation before setting off on a journey – it is illegal to drive with obscured vision.
- Keep windscreen washer fluid topped up as windscreens quickly become dirty from traffic spray and salt from the roads.
- Make sure you have sufficient fuel for your journey.
- Give yourself extra time for your journey and drive at a sensible speed. Leave appropriate distances between yourself and other road users.
- Take a mobile telephone with you and make sure it is fully charged.

Suffolk Libraries			
MOBILE LIBRARY TIMETABLE			
16F	Holton	Greenbank	1355-1415
16G	Holton	Lower Park Walk	1420-1435
16H	Holton	Valley Close	1440-1500

Calling every 4 weeks on Fridays

2015 dates
9 Jan, 6 Feb, 6 Mar, no visit Good Friday, 1 May, 29 May, 26 Jun, 24 Jul, 21 Aug, 18 Sept, 16 Oct, 13 Nov, 11 Dec

SOUTHWOLD CARPETS,
CURTAINS & BLINDS LTD
Supplied by Colin Wells with 20+ years experience



- CARPETS
- VINYL
- TILES
- BLINDS
- LINEN
- SAFETY FLOORING
- RAILS & POLES
- CURTAINS
- WICKER BASKETS
- HABERDASHERY ITEMS

Tel: 01502 724948
Unit 1, Southwold Business Centre
St Edmunds Road, Southwold IP18 6JU
www.southwoldcarpets.co.uk
E-mail - southwoldcarpets@btconnect.com

Monday - Friday (Closed Wednesday): 9.00am - 5.00pm
Saturday 10.00am - 4.00pm

SOUTHWOLD DECORATIVE AND FINE ARTS SOCIETY

The following lectures are being held at 2pm in St Edmund's Hall, Southwold:

Tuesday 13 January: The Age of Chivalry. Lecturer: Mark Corby

Tuesday 10 February: Paula Rego: Painting Women on the Edge and Telling Tales of the Unexpected. Lecturer: Linda Smith.

Visitors are always welcome. Membership is also available - please contact me for further details on 01986 874000 or email: admin@southwoldfas.co.uk

Anne Holland



HALESWORTH BRANCH
Spring Term 2015



HIDDEN HISTORIES OF EAST ANGLIA

Tutor: Rebecca Pinner

Dr Pinner will be giving us a wide-ranging tour of local topics and individuals often overlooked by traditional history but whose stories are just as fascinating and important.

7 sessions starting on
Tuesday 3rd February from 7.30 to 9.30pm
at The Methodist Church, London Road, Halesworth

Fee: £45
(payable in week 2 - help available for those on benefits)

Interested?
Contact Valerie - Tel: 01986 872219

HOLTON AND BLYFORD VILLAGE HALL TOTE WINNERS

Result of the draw on 11 November was as follows:

1st No. 17	David Garnham	£25
2nd No. 99	Daisy Hammond	£10
3rd No. 118	John Handley	£5
4th No. 22	D Gallington	£5

Result of the draw on 9 December was as follows:

1st No. 116	Philip Chapman	£25
2nd No. 71	Mr & Mrs Self	£10
3rd No. 126	Moyra Rogers	£5
4th No. 3	Dot Booley	£5

New members are always welcome. Please contact Helen Fensom on 01986 873575 for further details.

CINEMA @ THE CUT

All films start at 7.30pm unless otherwise shown

PROGRAMME	
JANUARY	
Wed 7th	American Hustle (15)
Wed 14th	Boyhood (15)
Wed 21st	Ida (12A)
Wed 28th	Finding Vivian Maier (12A)
FEBRUARY	
Wed 4th	Jules et Jim (PG)
Wed 11th	RSC Live: Love's Labour's Lost
Wed 18th	What We Did On Our Holiday (12A)
Wed 25th	Jimmy's Hall (12A)

Metherells

Fine Art Auctioneers & Valuers



The Old Print Works, Thoroughfare
Halesworth, IP19 8AP
01986 873650 info@metherells.com



REGULAR AUCTIONS

Auction dates: 31 Jan, 28 Feb, 28 Mar, 2 May

Viewing: the day before, 8.30am-8pm, & sale day from 8.30am (auctions commence at 10.30am)

We are always looking for quality items to sell

FREE Valuations (verbal only)

Please call into our office or contact us to find out more

Entries are accepted on: Mondays, Wednesdays & Fridays 10am-4pm from the Wednesday after a sale until 10 days before the next.

www.metherells.com
the-saleroom.com

HALESWORTH STATIONERS

FOR ALL YOUR PERSONAL AND BUSINESS STATIONERY

INKJET CARTRIDGES (ORIGINAL & COMPATIBLES), COMPUTER ACCESSORIES - ART MATERIALS - GREETING CARDS AND QUALITY GIFTS - SCHOOL REQUISITES - RUBBER STAMPS, LABELS, BUSINESS CARDS, LETTERHEADS - OFFICE SUPPLIES, MACHINES & FURNITURE - ADDRESS BOOKS, ORGANISERS, DIARIES - ACCOUNTS BOOKS, DUPLICATE BOOKS, CALCULATORS - PHOTOCOPYING AND FAX SERVICES

OPEN 9-5 MON-SAT (Closed 1 pm Thur)
57 THOROUGHFARE HALESWORTH
TEL/FAX 01986 873742

USEFUL INFORMATION AND CONTACTS

<div style="text-align: center;"> <h3>HOLTON POST</h3> <p>Committee/Editorial Group</p> <p>Maritza Simpson (<i>Chairman & Treasurer</i>) Tel. 872990</p> <p>Anne Holland (<i>Secretary & Production</i>) Tel. 874000</p> <p>Jackie/Jim Watts (<i>Distribution</i>) Tel. 835752</p> <p>Jill Hewlett Tel. 875913</p> <p>Alison Hyden Tel. 872559</p> <p>Clare Neville Tel. 873723</p> <p>Alison/Geoff Cackett (<i>Parish Council Representative</i>) Tel. 874442</p> <p>Hand deliver or post any articles or photos to: Maritza Simpson, Halfpenny, Bungay Road, Holton, Halesworth IP19 8PL</p> <p>Email: holtonpost@gmail.com Website: www.holtonpost.co.uk</p> <p>DEADLINE DATE FOR THE NEXT ISSUE IS: Monday 16th February 2015</p> </div>
--

<div style="text-align: center;"> <h3>REGULAR ACTIVITIES AT THE VILLAGE HALL</h3> </div>	
Weekly	
Badminton Club	Tuesdays 7.30 - 9.30pm
U3A	Once a month on Tuesday afternoons 2 - 4pm
Term time only	
Pre-School	Monday 9.00 - 12.00pm Tuesday 9.00 - 12.00pm Wednesday 9.00 - 3.00pm Friday 9.00 - 3.00pm
Toddlers Group	Thursday 12.30 to 3.30pm
Dancing School	Monday 6.30 - 9pm <i>Contact: Erin Murphy</i> 07985 521888
<p><i>The Village Hall is also available for private functions and is licensed for the sale of alcohol.</i></p> <p><i>Please contact the Letting Officer, Mrs Maxine Ellis:</i> <i>Tel: 01986 875847 or email:</i> <i>holtonandblyfordvillagehall@hotmail.com</i></p>	

HOLTON B&Bs	
Duke House	01986 873259 dukehouseinfo@aol.com
Gavelcroft	01986 873117 gavelcroft@gmail.com
The Lord Nelson Inn	01986 835734 info@thelordnelsonholton.co.uk
Valley Farm	01986 874521 mail@valleyfarmholton.co.uk

LOCAL SERVICES	
Holton Animal Feeds	01986 873045
Holton Orchards	01986 873142
Market Fields Farm Shop	01986 872134
Holton Road Garden Centre	01986 872761
Holton Road Cafe	01986 873772
Mobile Library - (see page 8 for times and dates)	Friday pm Greenbank, Lower Park Walk and Valley Close.
Newspapers – Patrick’s	01986 875229
Private Hire – DRF Transport	01986 872829
Taxi – Ginge	01986 874028
Cundy’s Dairy	01986 892428

OTHER USEFUL LOCAL NUMBERS	
Age UK link - Contact: Maritza Simpson	01986 872990
Doctor’s Surgery	01986 874618
NHS (non-emergency)	111
Police (non-emergency)	101
Waveney District Council	01502 562111
– Halesworth Local Office	01986 873162

MINOR INJURIES UNITS

When you have a minor injury but don’t need to go to A&E, use the Minor Injuries Units instead.

Minor injuries include minor cuts, burns, sprains, grazes, foreign objects in eyes, nose or ears, bites, stings and minor head injuries. Minor illnesses are not treated at Minor Injuries Units.

Minor injury services are run by experienced emergency nurses at:

Cutlers Hill Surgery, Bungay Road, Halesworth
Open from : 8:30 am to 6:00 pm, Monday to Friday
(not Bank Holidays)
Tel: 01986 874618

Beccles Hospital, St Mary’s Road, Beccles
Open from : 8:00 am to 8:00 pm every day
Tel: 01502 719820